

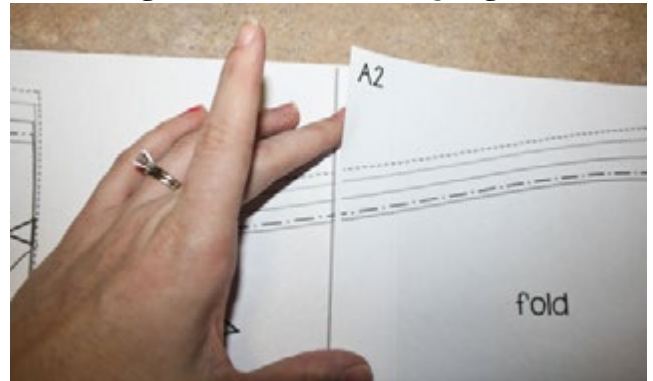
Walk the Plank PJ Bottoms

By: Patterns for Pirates



Before you start:

- Read instructions before beginning.
 - I suggest preparing your fabric exactly how you will care for the finished garment; meaning if you're going to machine wash and dry, do it now! It will prevent any shrinkage, color bleeding, and get any nasty chemicals off!
 - When printing the pattern, make sure the scale is set to 'none' or 'actual size'. Take your time matching, taping and carefully measure the 2" x 2" square on page A1 to make sure it printed correctly (even if it is off by 1/8" it will change your fit dramatically!).
 - These are NO TRIM pages... just line up edge of paper to dark grey guide line. Here is a video in the [P4P FB group](#) if you need more help: [Video Link](#)
 - You are free to sell products made from the pattern. I would LOVE for you to cite that it was a 'Patterns for Pirates' pattern in your listing!
 - As always, back stitch when starting and ending a seam. Serge or zig zag finish all seams.
 - All seam allowances are 1/2" unless otherwise stated.
- *Need more help? Here is a blog post for beginners with more info: [Blog Link](#)



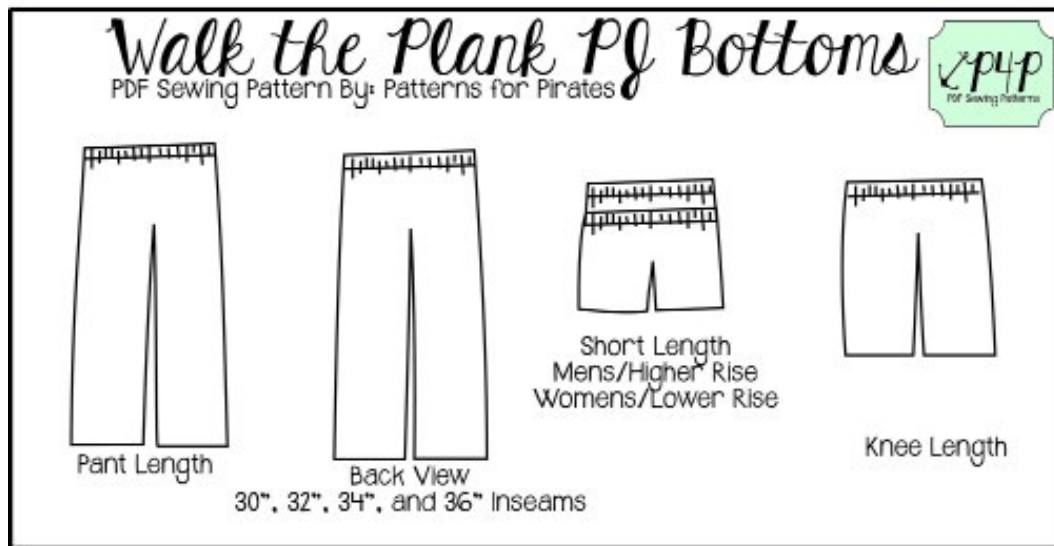
Supply List:

- Fabric: Cotton woven (i.e. quilting cotton) or flannel
- Basic Sewing Supplies: 1.5" knit elastic, scissors, sewing machine, thread, iron, and clips or pins
- Optional: small piece of ribbon or size tag, serger

Printing Guide: Pattern Pieces - 11-73

	Shorts Length	Knee Length	Pant Length
XXS - L	13, 16-18, 24-26, 32-34 Large add 40	13-14, 16-20, 24-28, 32-36, Large add 40	30" and 32" inseam: 13-14, 16-22, 24-30, 32-38, Large add 40 34" and 36" inseam: add 23, 31, 39
XL - Plus 3x (no side seam)	11-13, 16-18, 24-26, 32-34, 40	13-15, 16-20, 24-28, 32-36, 40-41	30" and 32" inseam: 13-15, 16-22, 24-30, 32-38, 40-41 34" and 36" inseam: add 23, 31, 39
Plus 3x: with side seam	42-44, 50-52, 55, 63-65, 71-73	42-46, 50-55, 61-65, 69-73	30" and 32" inseam: 42-48, 50-56, 59-65, 67-73 34" and 36" inseam: add 49, 59, 58, 66

**This pattern has layers-meaning you can print one or more of the sizes- whatever you like. [Here is a blog post for more help using this feature.](#)



Size chart: All in inches. High hip-at the hip bones. Hip-widest part, usually across booty. These are a loose fit unisex pajama bottom with a straight leg from the hip and slight taper through the thigh. Need help measuring? [Here is a blog post.](#) Here is an [album](#) full of all sizes and options.

	XXS	XS	S	M	L	XL	XXL	Plus IX	Plus 2X	Plus 3X
High Hip	29-30	30-32	32-34	34-36	37-39	40-42	43-46	47-49	50-53	54-56
Hip	33-34.5	35-36	37-38	39-40	41-43	44-45	46-48	49-51	52-54	55-58

Finished Measurements:

All in inches. Inseam Lengths (from crotch to hem). Hip - circumference.

	XXS	XS	S	M	L	XL	XXL	Plus IX	Plus 2X	Plus 3X
Short Length	2 (intended to finish mid thigh)									
Knee Length	12.25 (intended to finish below the knee cap)									
Pant Length	30, 32, 34 or 36 (intended to finish to the floor with slight pooling)									
Hip	38.5	40	42	44	47	49	52	55	58	62

For help altering length: [Blog post on how to adjust length.](#)

Fabric Requirements: All in yards. Based on 44" wide fabric, does not account for shrinkage, cut off-grain, patterned or directional fabric (takes more!), etc. Note: Some flannels shrink quite a bit so you may want to purchase an additional 1/4 yard.

	XXS	XS	S	M	L	XL	XXL	Plus IX	Plus 2X	Plus 3X
Based on 44" wide fabric with no side seams										with side seam
Shorts	7/8		1					1 1/4		
Knee Length	1 1/2						1 3/4			
Pants: 30" inseam	2 3/8		2 1/2			2 5/8		2 3/4		
Pants: 32" inseam	2 1/2		2 3/4						3	
Pants: 34" and 36" inseam	2 3/4		2 7/8			3			3 1/4	
Men's rise	add 1/8									

Size 3x must use apparel woven fabrics 54" or wider for the no side seam option. All in yards. Based on 54" wide fabric, does not account for shrinkage, cut off-grain, patterned or directional fabric (takes more!), etc.

	Shorts	Knee Length	Pants: 30" Inseam	Pants: 32" Inseam	Pants: 34" and 36" Inseam
Based on 54" wide fabric	1 1/8	1 5/8	2 5/8		3

Cut Chart: All in inches. Use your high hip measurement to determine the length of elastic. Exercise your elastic by stretching it out a few times before cutting.

	XXS	XS	S	M	L	XL	XXL	Plus IX	Plus 2X	Plus 3X
Elastic 1.5"	26	27	28	30	33	36	39	42	45	48

Note: The tutorial pictures were taken with youth pieces but the shape and construction method is the same.

Check out our video tutorial to help you Walk the Plank :)
[VIDEO TUTORIAL](#)

Step 1: Memory Hem

Press bottom edge of legs 1" up to wrong side.

Unfold. The pressed crease will help make hemming much easier later on.



Step 2: Inseam

You can finish your seam allowances with a serger, zig-zag, overcast stitch, or French seams.

*Note: If using a serger to finish the seam allowance, you can either finish the raw edges first, then stitch your seams with a sewing machine or stitch with your sewing machine first, then serge the seam allowance. For woven fabrics, do not use only a serged seam for construction.

[Plus 3x - side seam option:](#)

Place one front and one back leg right sides together. Stitch and finish seam allowance. Repeat with opposite leg.

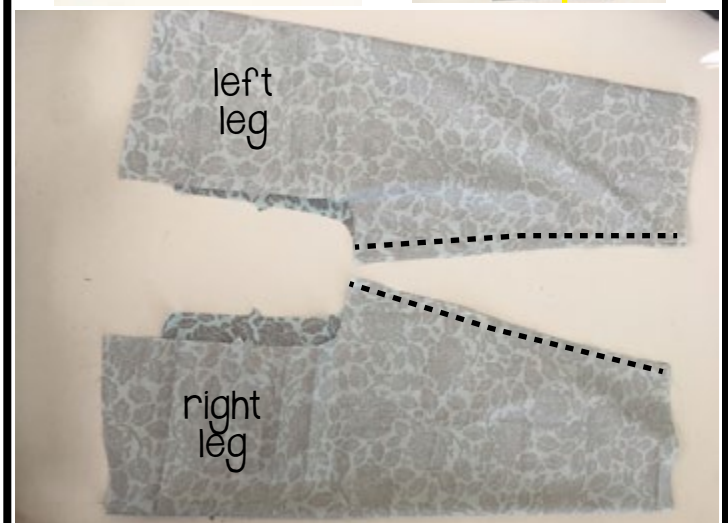
[All sizes continue here:](#)

Fold each leg right sides together, matching crotch points and inner legs (inseam). Stitch and finish seam allowance.

Note: You should have two mirror image legs.

raw edges finished first, then sewn

sewn then finished
seam allowance



Step 3: Crotch Curve

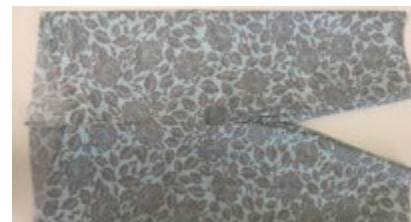
Flip one leg right side out.

Slide leg that is right side out into the other leg so they are right sides together.

Aligning top edges, crotch curves and inner leg seams, pin or clip in place.

Stitch along crotch curve and finish seam allowance (using your preferred method such as a serger, zig-zag, or overcast stitch).

Flip legs right sides out.



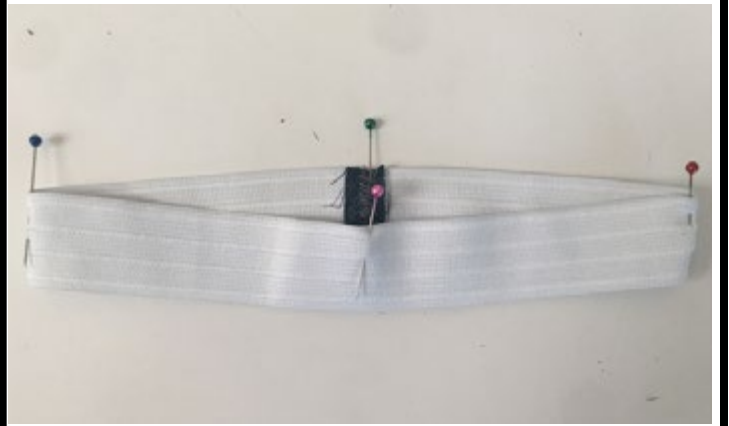
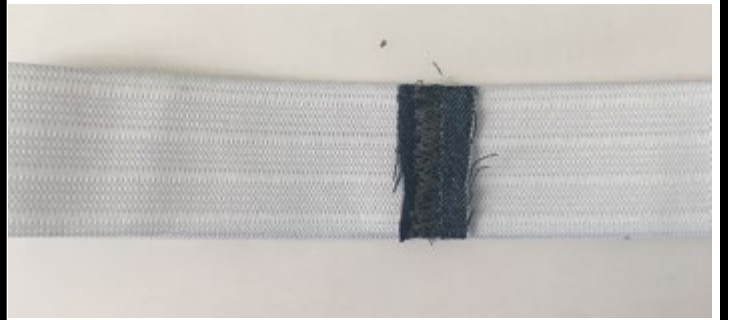
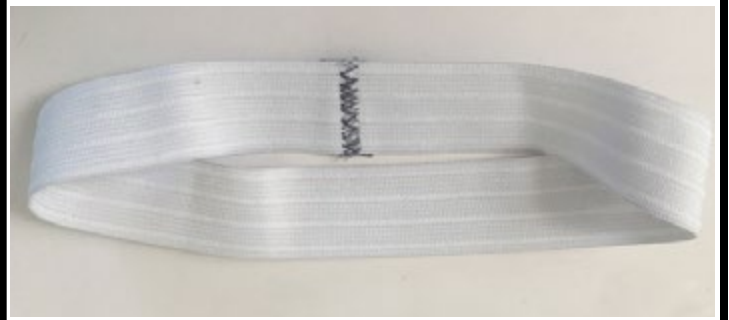
Step 4: Waistband

If you did not do so prior to cutting, exercise your elastic by stretching it out a few times and check to be sure the length is still correct. Butt ends of elastic together and stitch using a wide zig-zag stitch, creating a circle.

Tip: Place a scrap piece of woven fabric where you stitch the zig-zag for extra stability.

Mark quarter points on elastic.

Mark even quarter points along top edge. Use front and back center seams as half way marks.

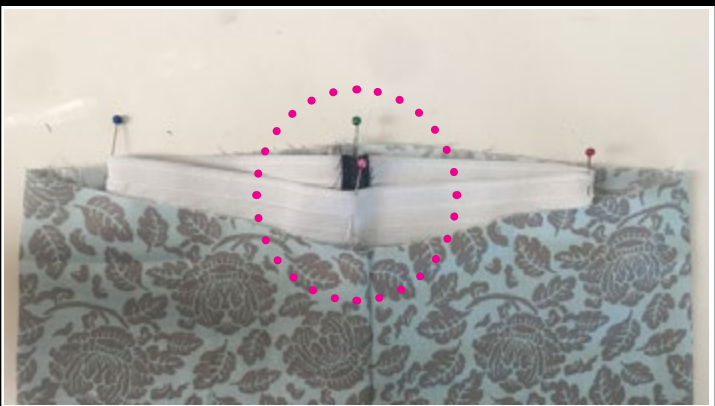


Matching half way points with the front and back seams and aligning top edges, slip elastic inside pant.

Match quarter points of the elastic with each side of the pant. Continue stretching between quarter points, aligning the top edge of the pant. Pin or clip in place.

Edge-stitch using a serger or zig-zag stitch along the raw edge of the pants. If using a serger, disengage the knife or be careful not to cut off any fabric or the elastic.

Fold elastic down to the wrong side, being sure to keep the fabric taut along the top edge. Pin or clip in place.



While stretching the elastic to remove the gathers and using your favorite top-stitch (straight stitch, zig-zag, twin needle, or coverstitch), stitch along the bottom edge of the elastic.

Tip: Add ribbon or a size tag at the back center seam to help distinguish front/back.



Step 5: Finishing Bottom Hem

Serge bottom raw edge of leg openings.

Turn up bottom edge 1" to the wrong side and re-press if needed.

Or, turn up bottom edge 1/2" to the wrong side and again another 1/2". Re-press if needed.



Edge-stitch (stitch very close to the edge of turned up hem) leg openings.

Pictured: serged and turned up hem.

Pictured: 1/2" turned up twice and hemmed.



All done! :)

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www.facebook.com/patternsforpirates

And Facebook group!

<https://www.facebook.com/groups/patternsforpiratesgroup>

You can also leave a review for this pattern on the site!

www.patternsforpirates.com

[And tag us on Instagram @patternsforpirates](#)

A1

A2

2"x2"

4cm
x4cm

B1

B2

A2

A3



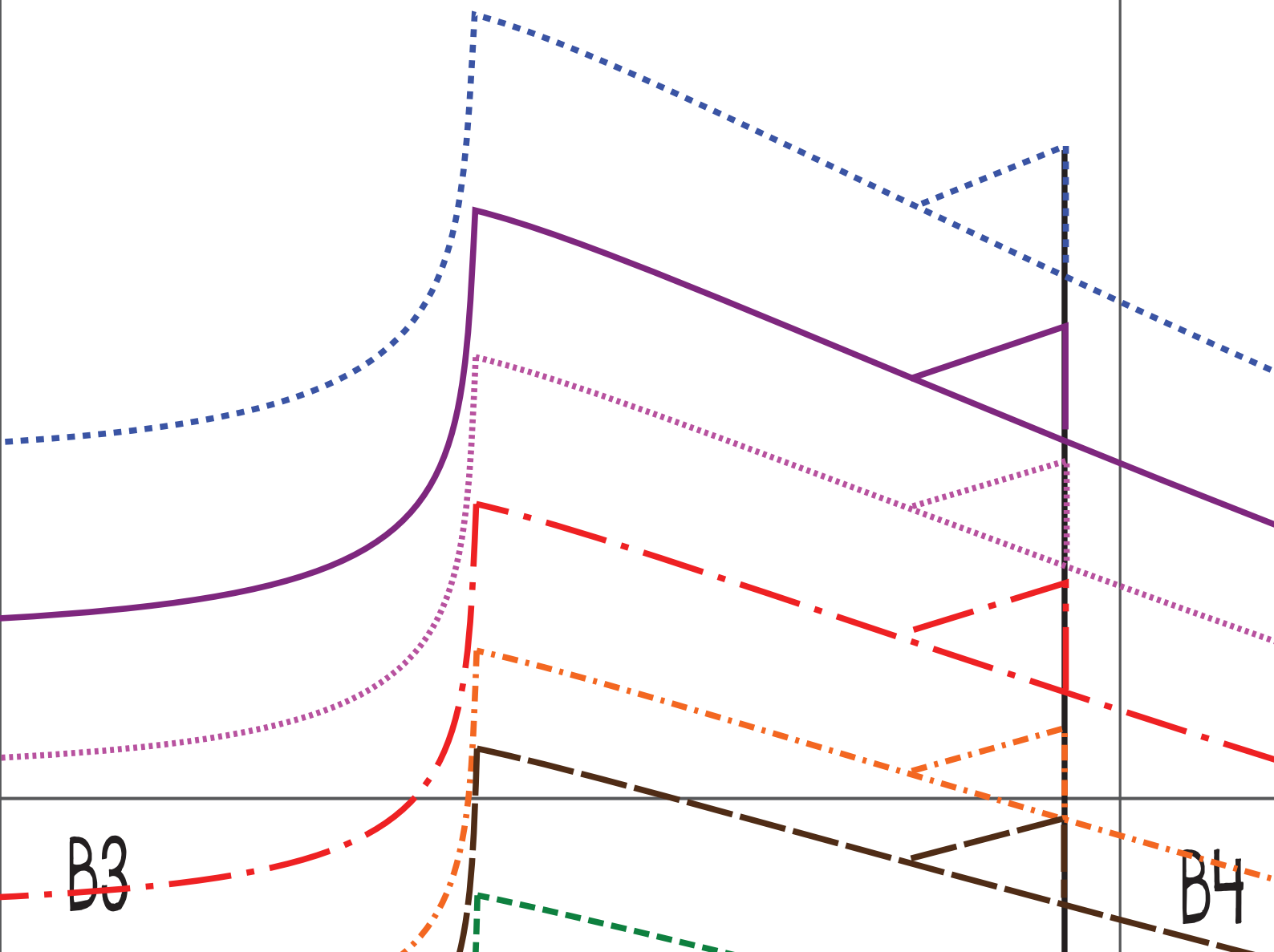
B2

B3



A3

A4

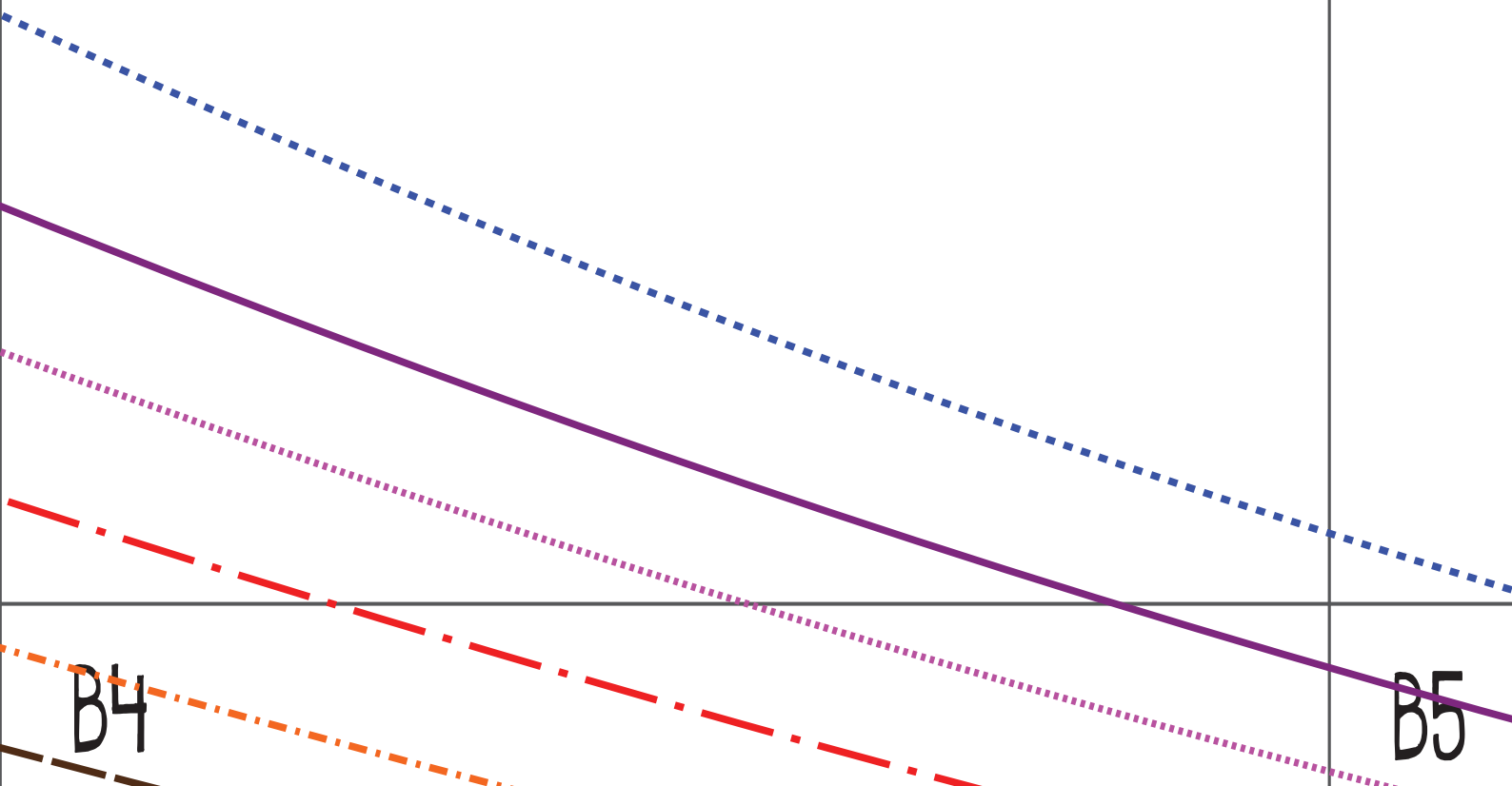


B3

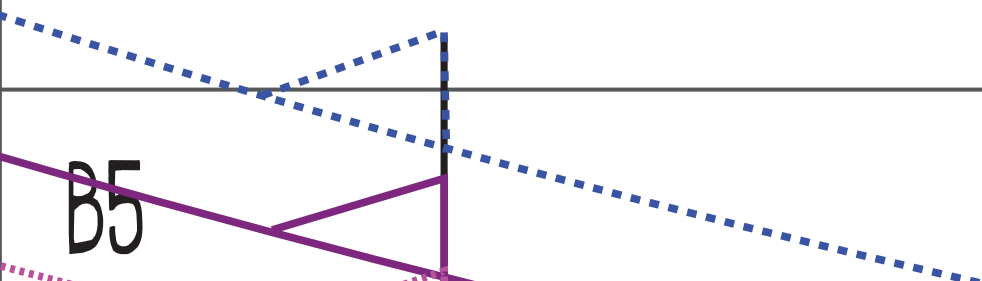
B4

A4

A5



A5



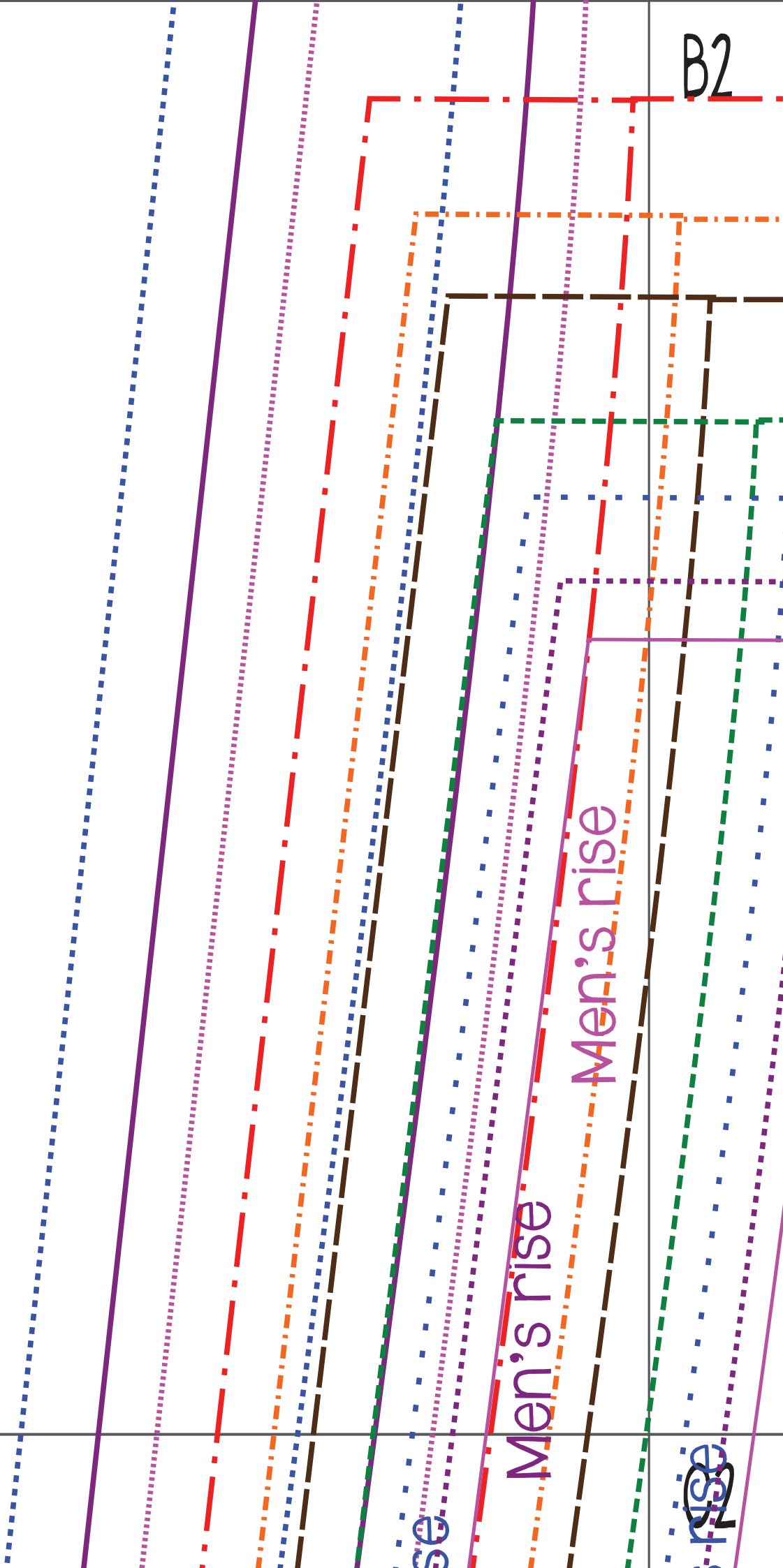
B5

B6

BI

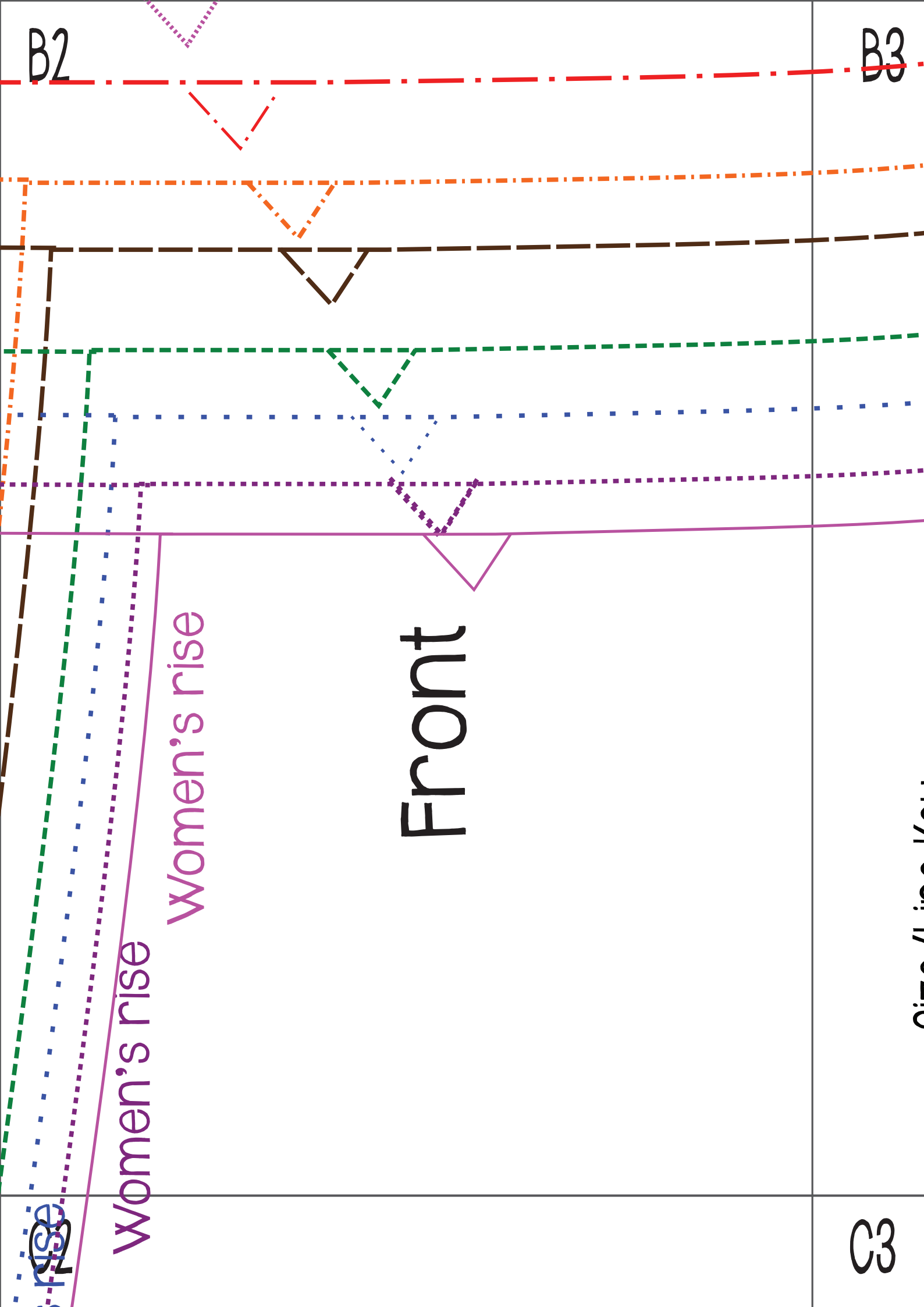
B2

CI



B2

B3



Women's rise

Women's rise

Front

C3

Size 12 shoes

C3

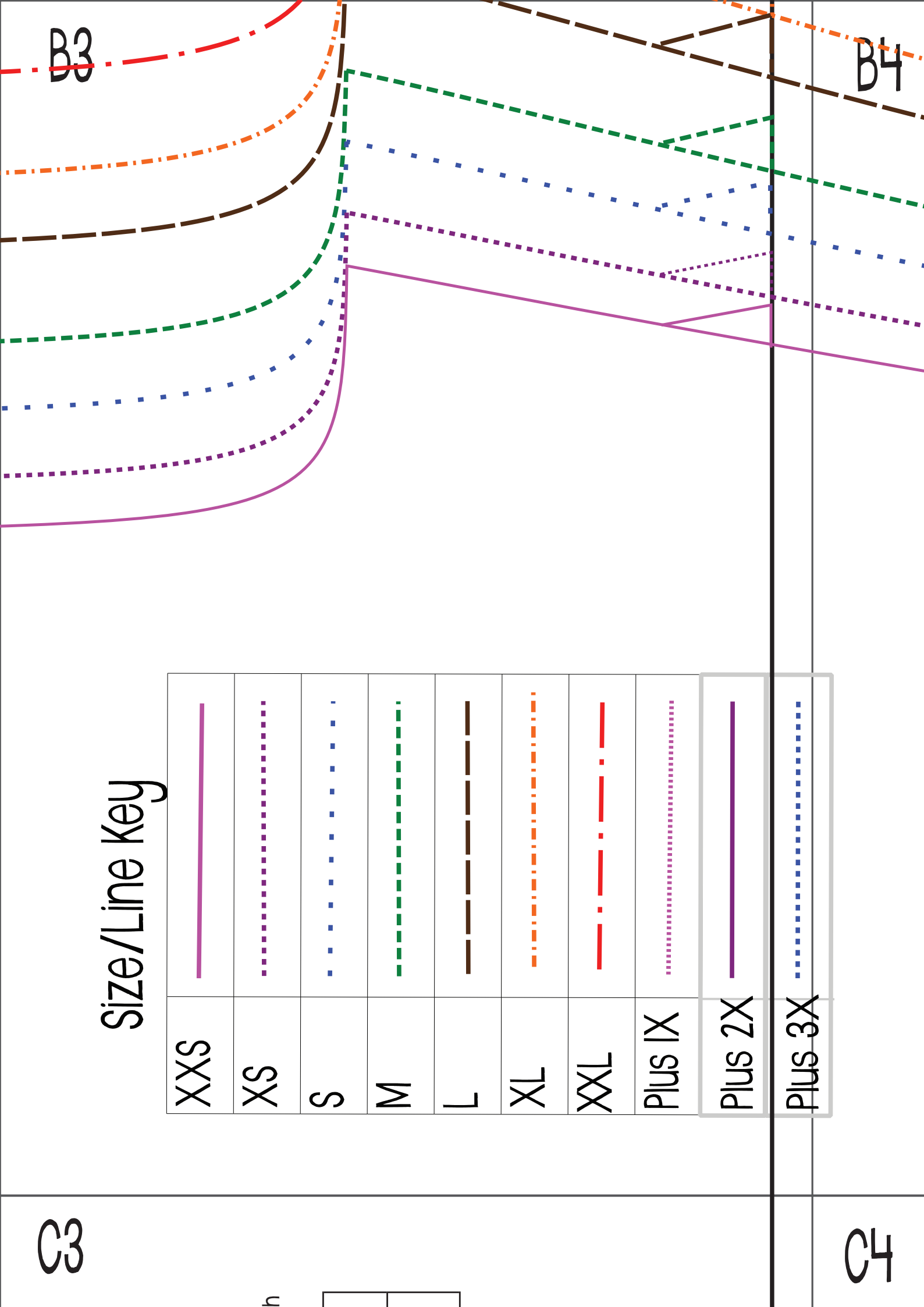
C4

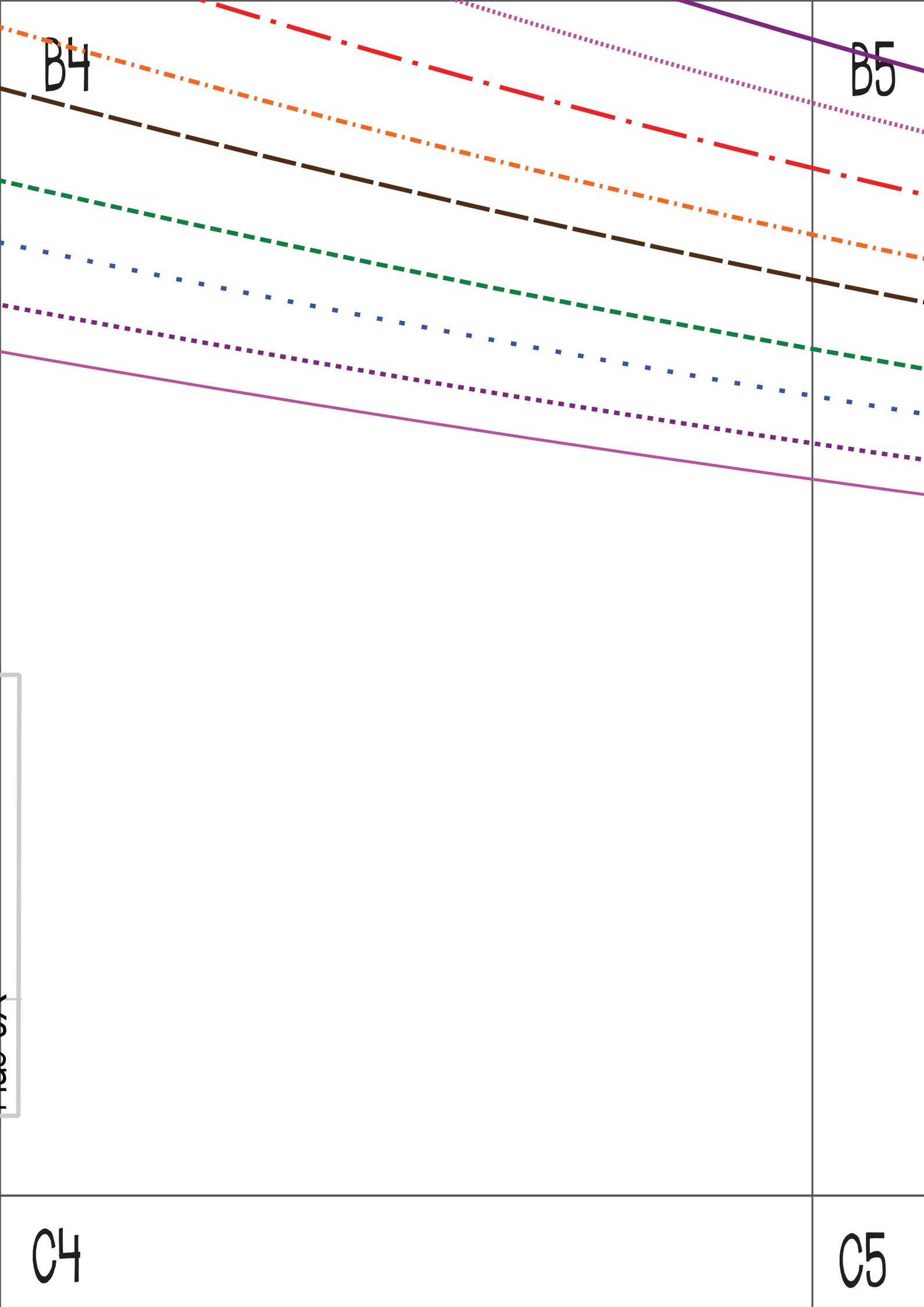
Size/Line Key

XXS	
XS	
S	
M	
L	
XL	
XXL	
Plus IX	
Plus 2X	
Plus 3X	

B3

B4



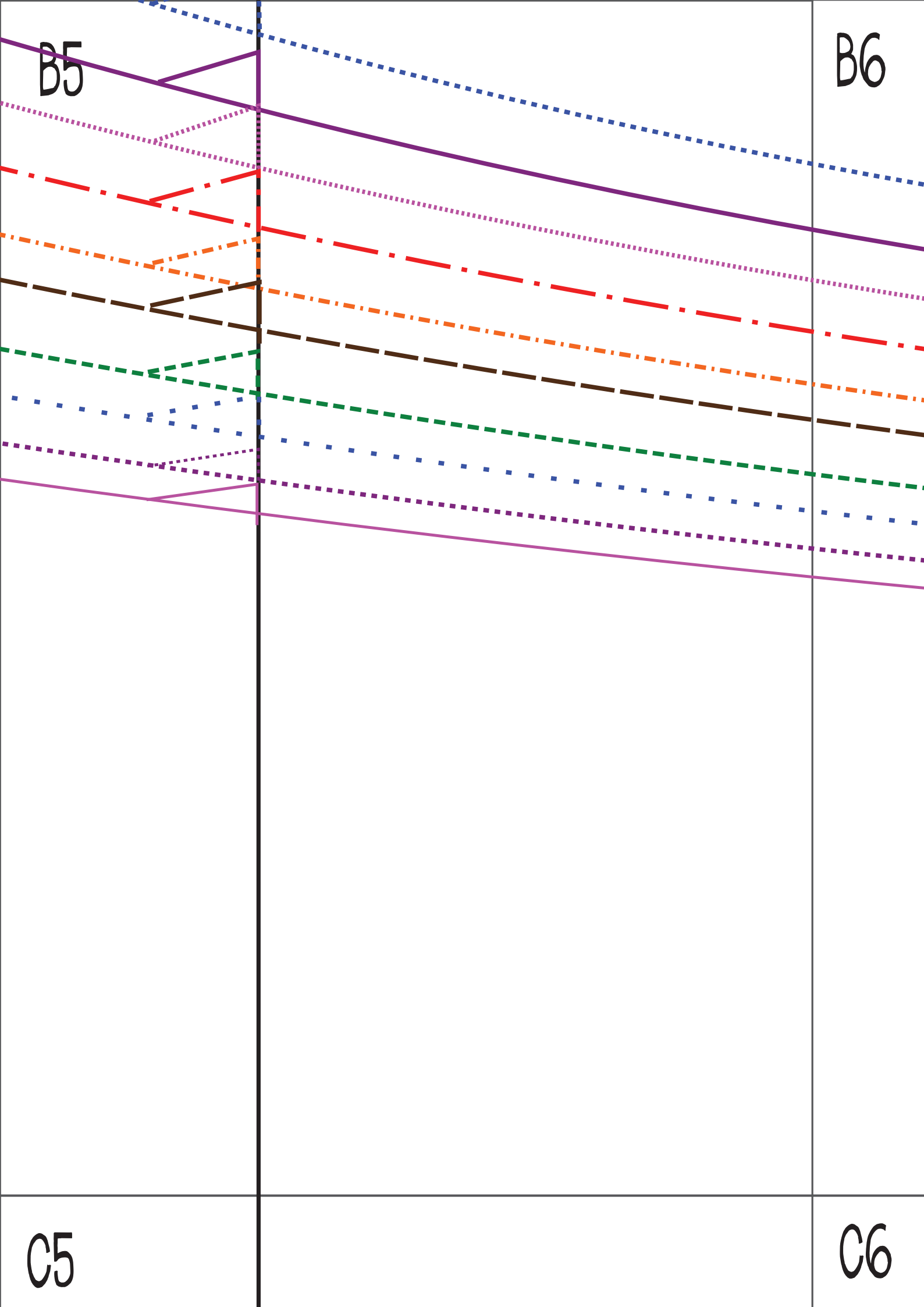


B5

B6

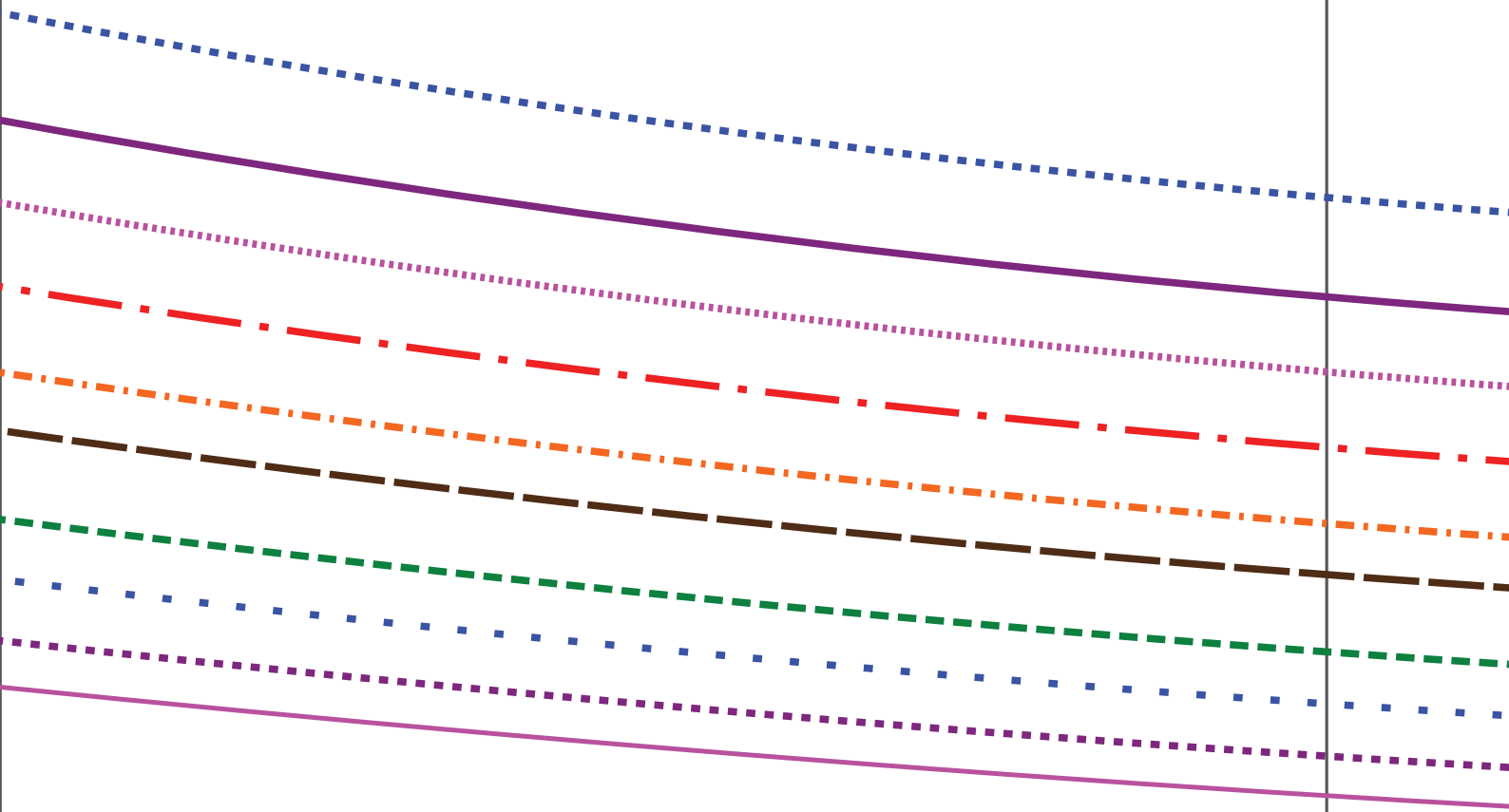
C5

C6



B6

B7

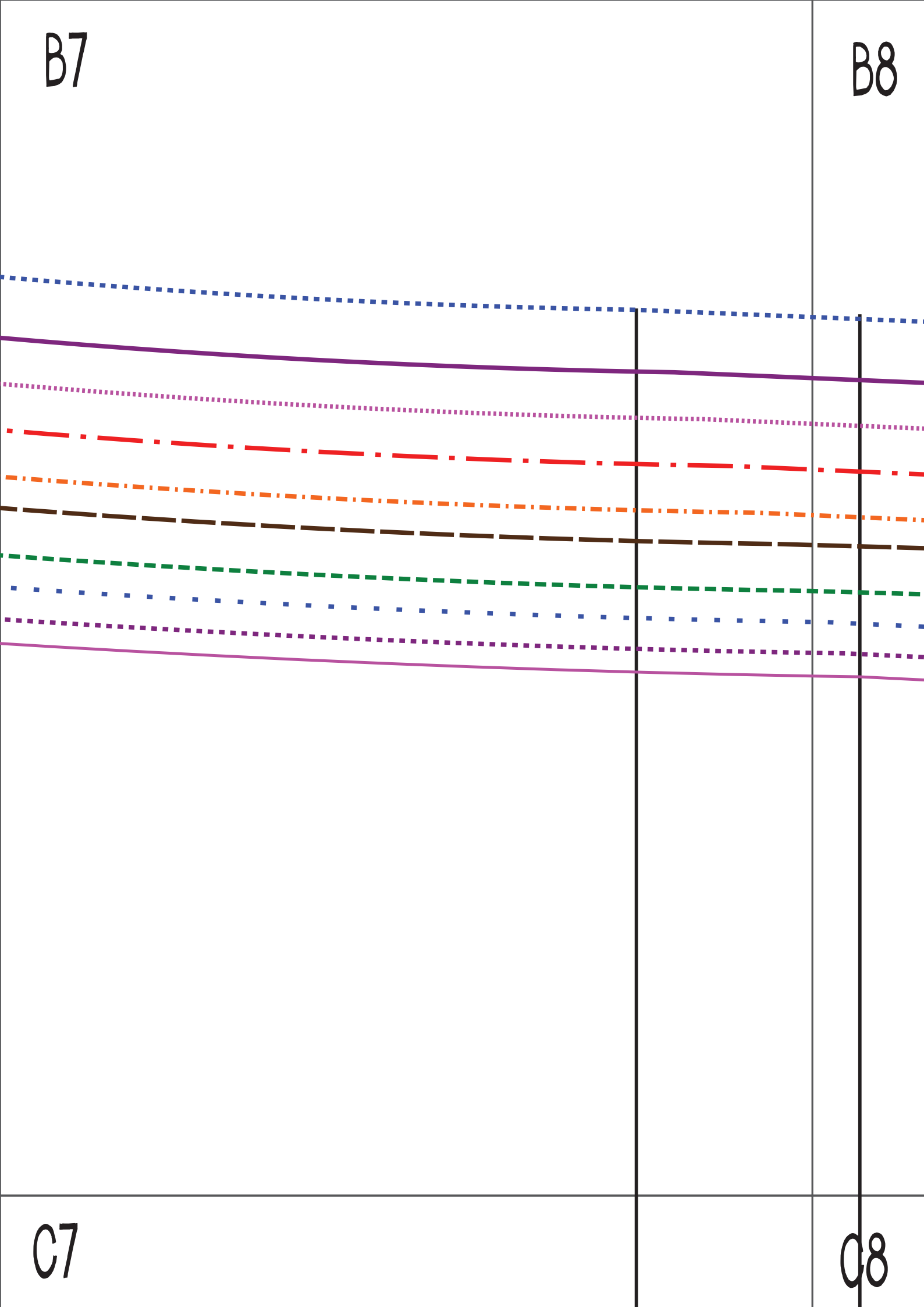


C6

C7

B7

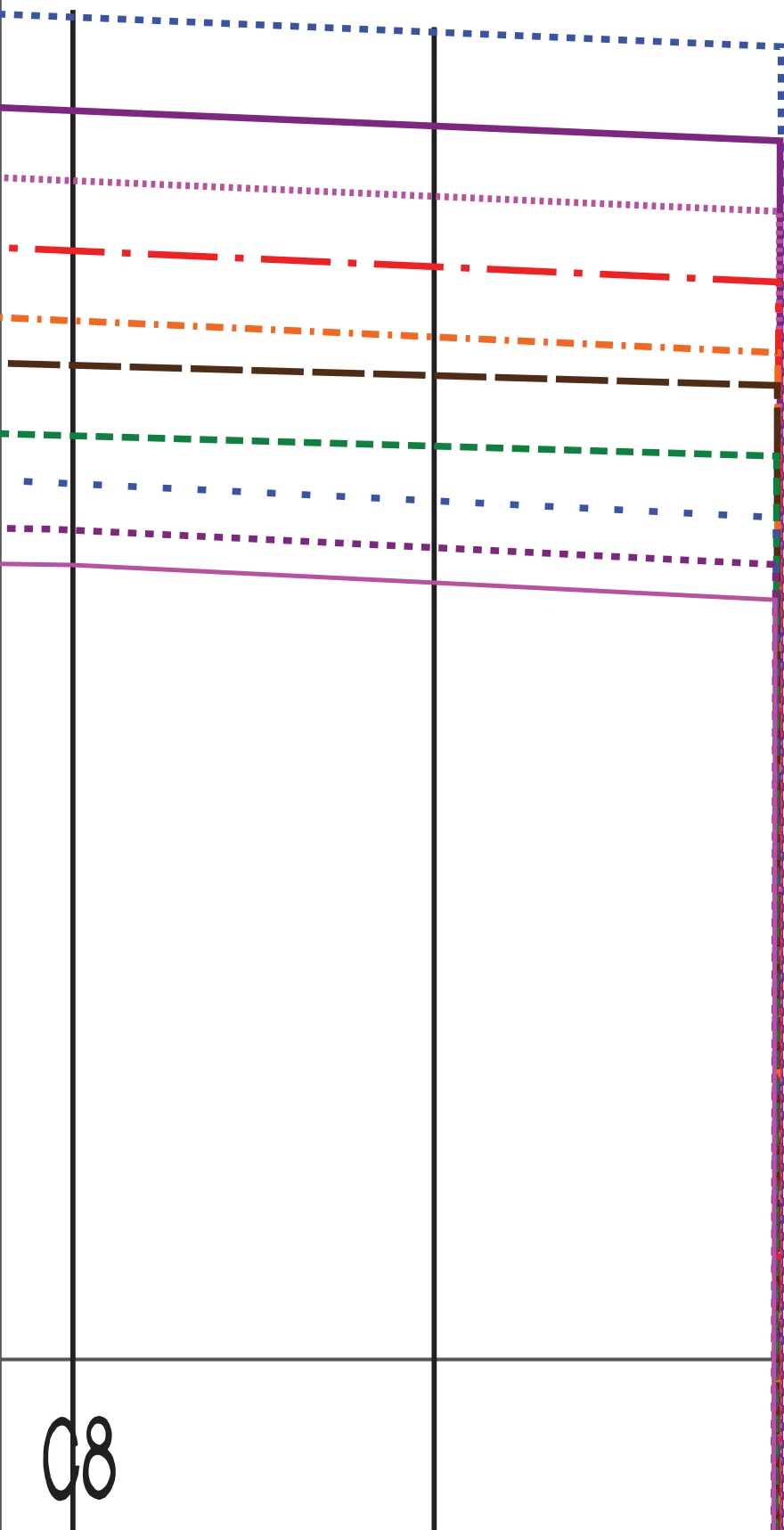
B8



C7

C8

B8



C8

D1

C1

s-rise

Men's rise

Men's rise

en's rise

women's rise

women's rise

Men's rise

Men's rise

M

women's rise

D2

women's rise



Walk the Plank

PQ Bottoms

By: Patterns for Pirates

Main Piece
cut 2 (Mirror Image)

Grainline

cut chart: ALL IN INCHES. Use your high hip measurement to determine the length of elastic. Exercise your elastic by stretching it out a few times before cutting.

	XXS	XS	S	M	L	XL	XXL	Plus IX	Plus 2X	Plus 3X
Elastic 1.5"	26	27	28	30	33	36	39	42	45	48

Short Length

C4

C5

D4

D5

C5		C6
D5		D6

Knee Length

C6

C7

D6

D7

C7

C8

30" inseam

32" inseam

D7

D8



02 11000111

08

34" inseam

36" inseam

D8

D1

D2

Men's rise

Men's rise

Men's rise

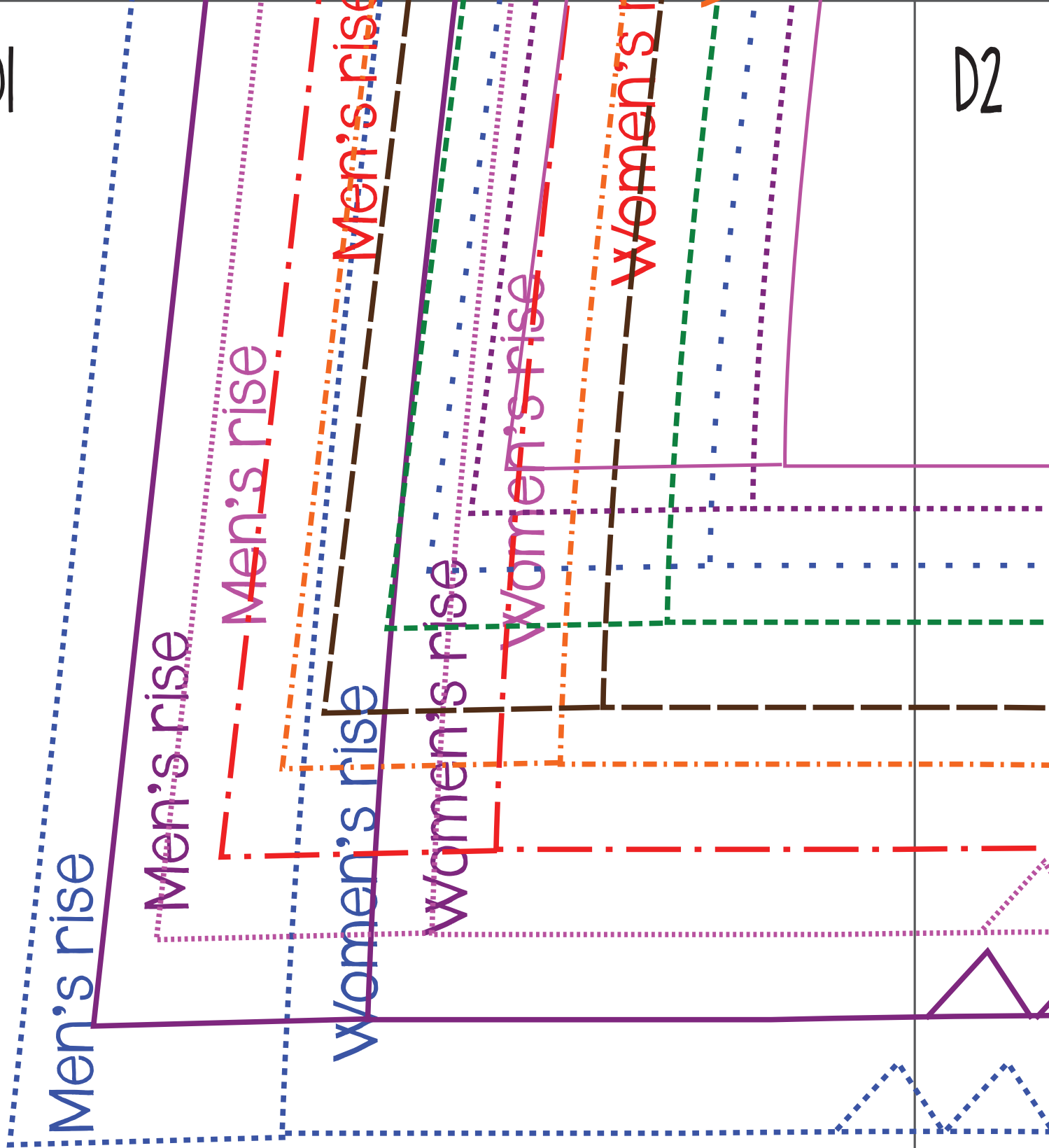
Women's rise

Women's rise

Women's rise

Women's rise

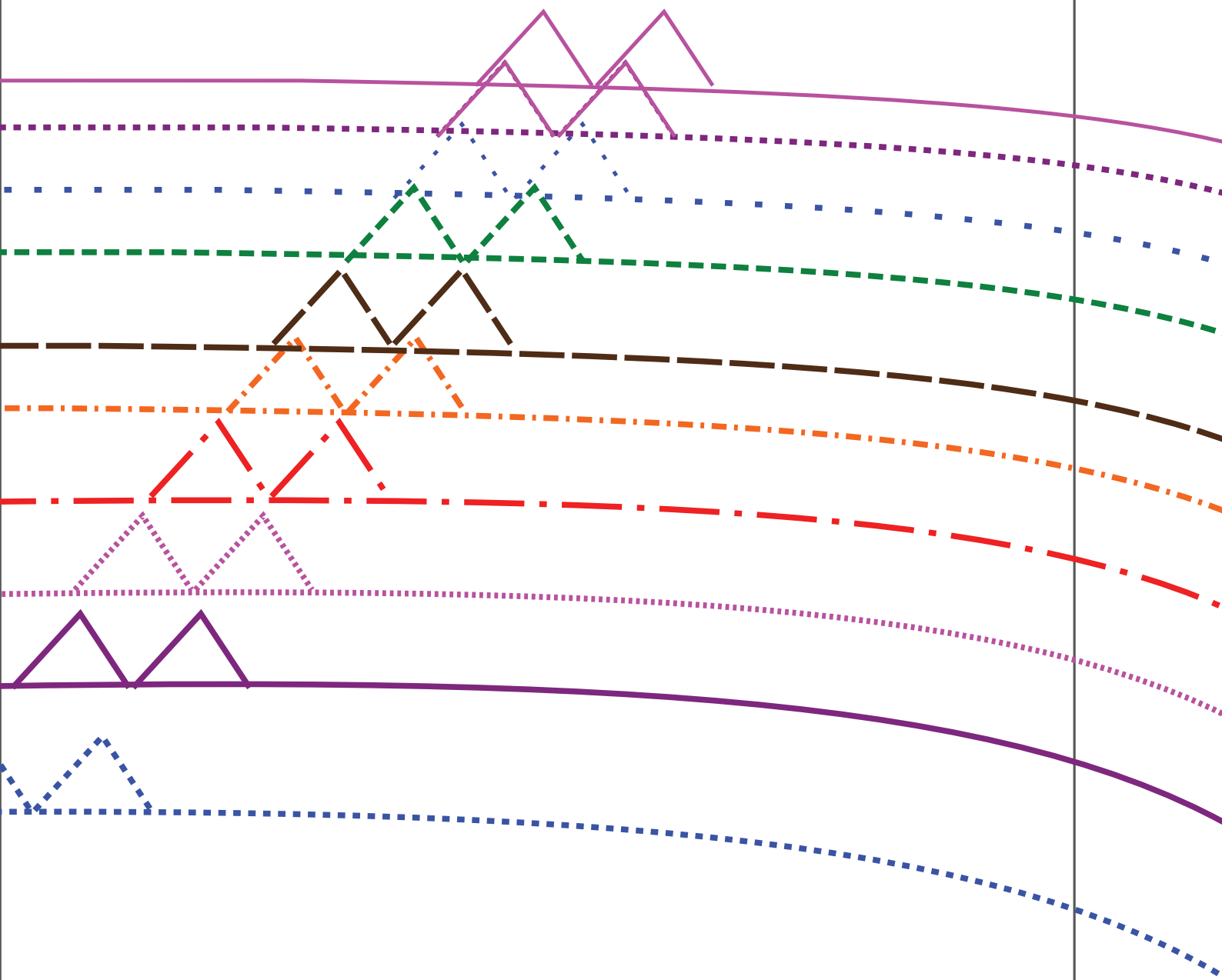
Men's rise



D2

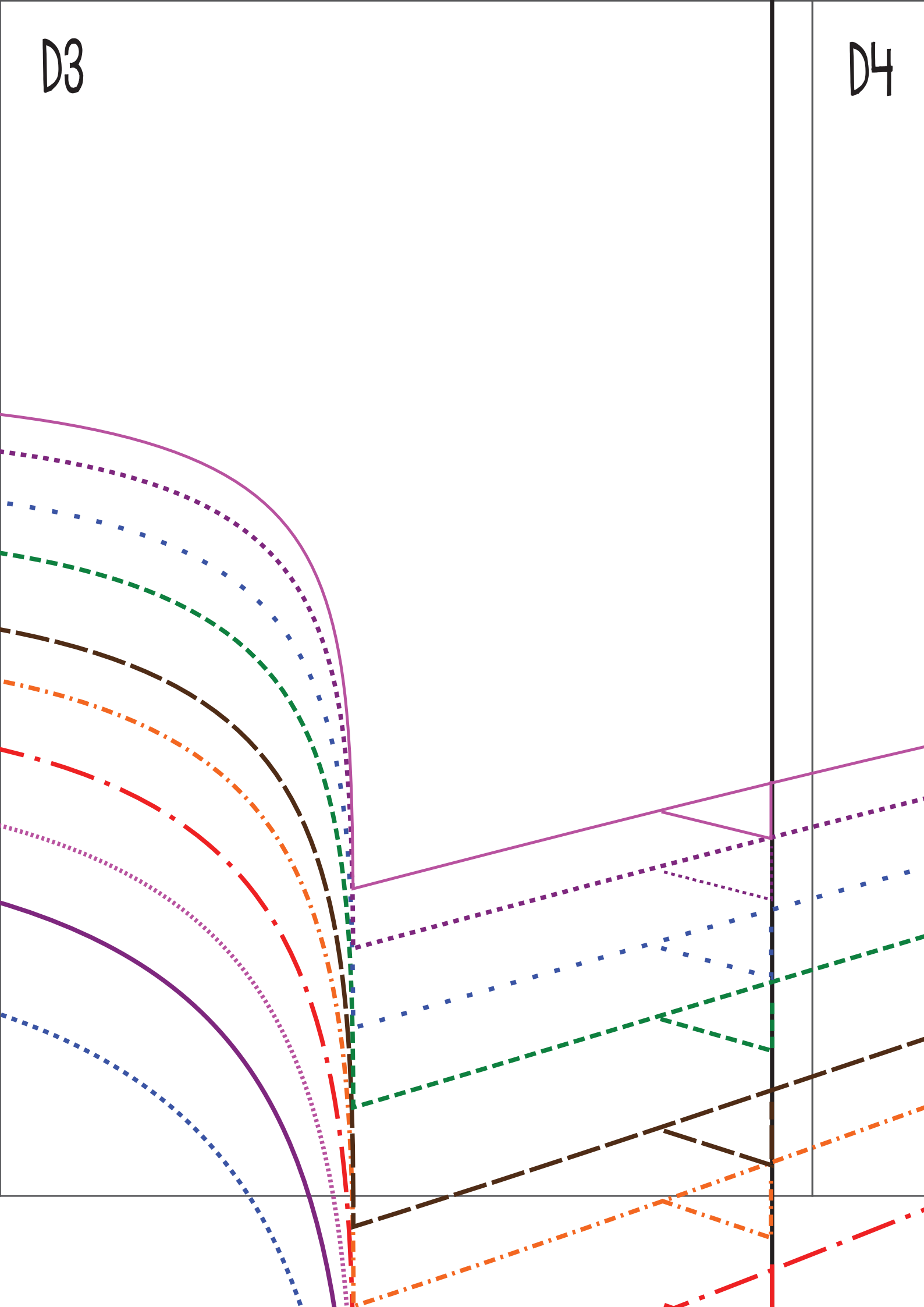
D3

Back



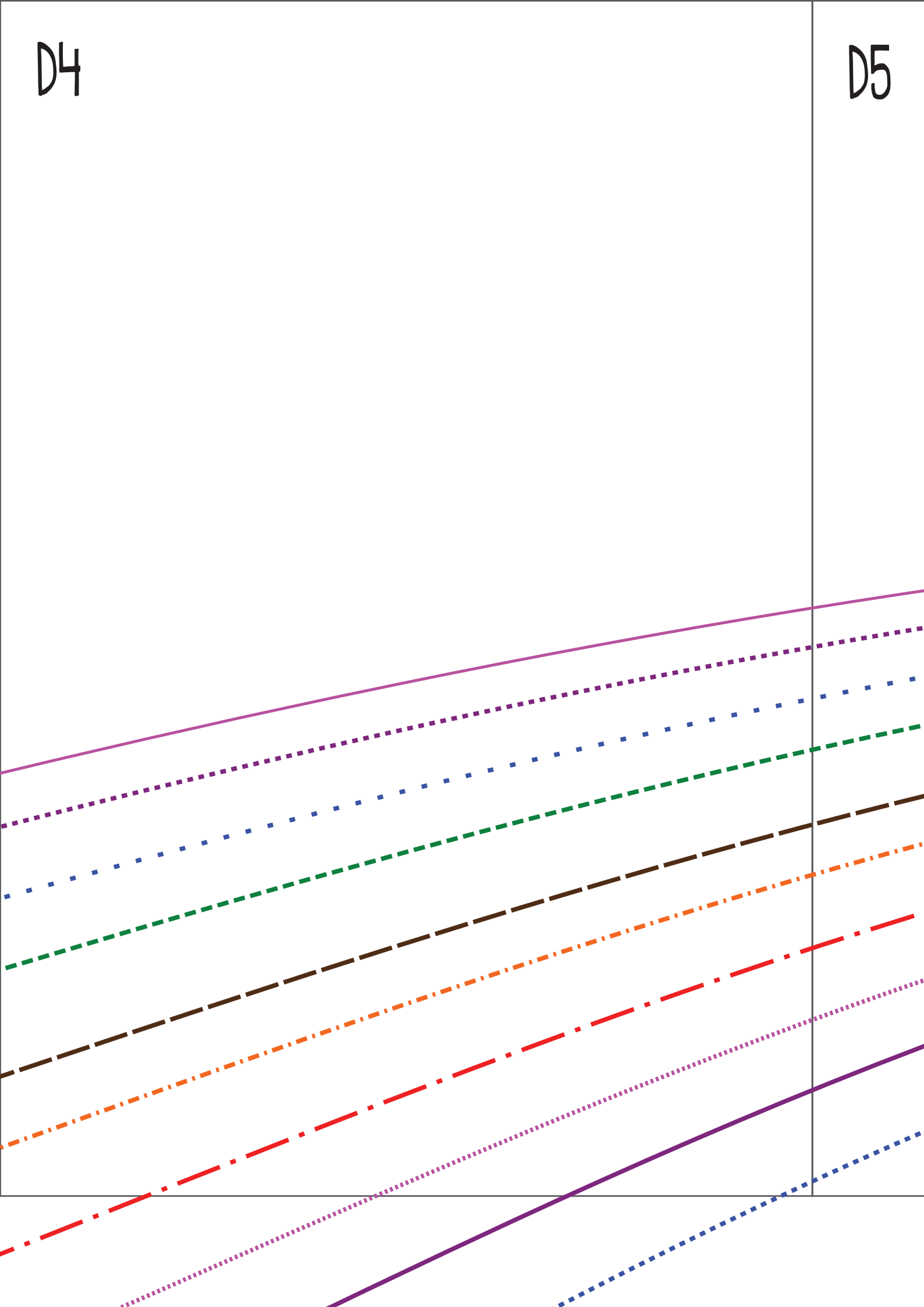
D3

D4



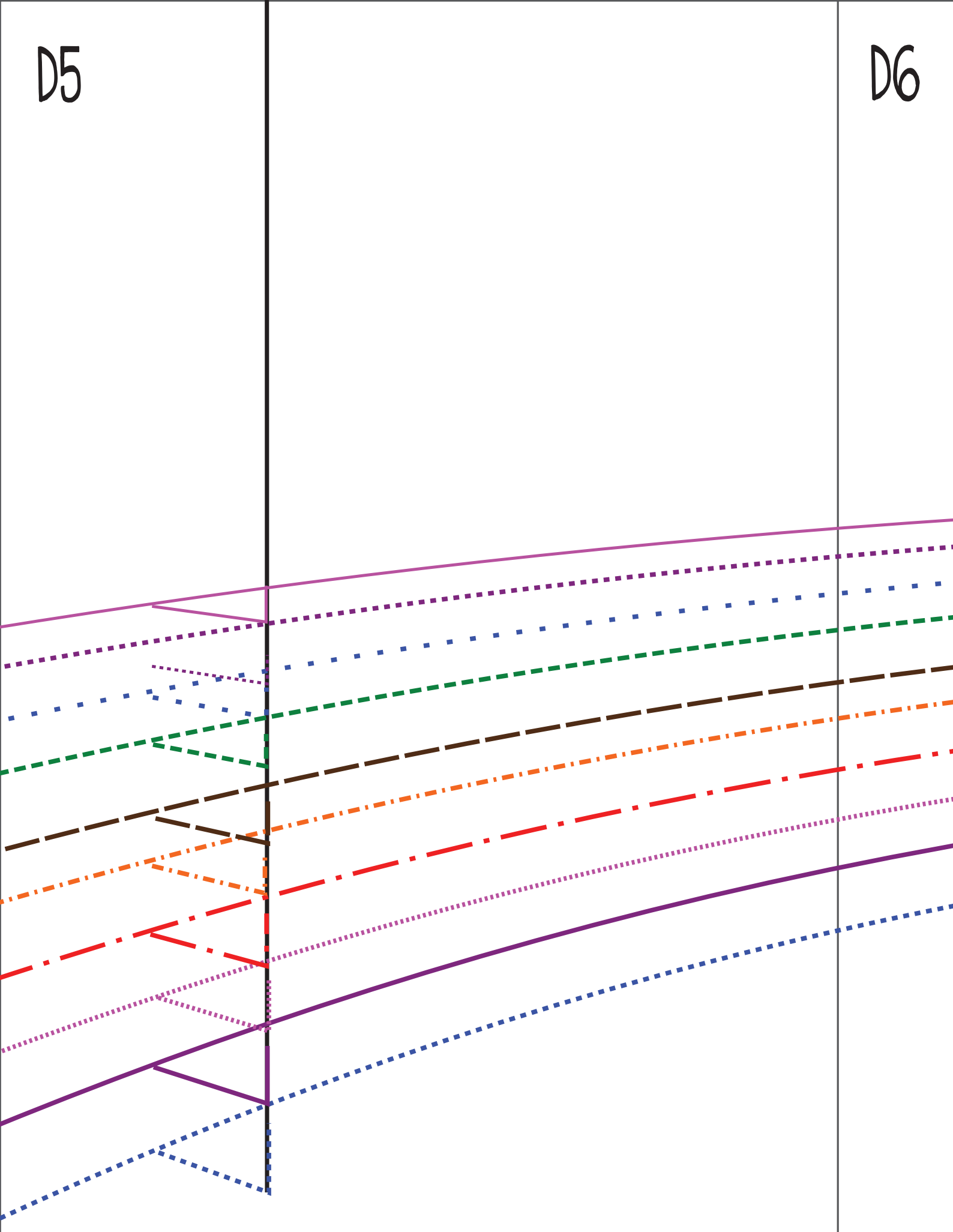
D4

D5



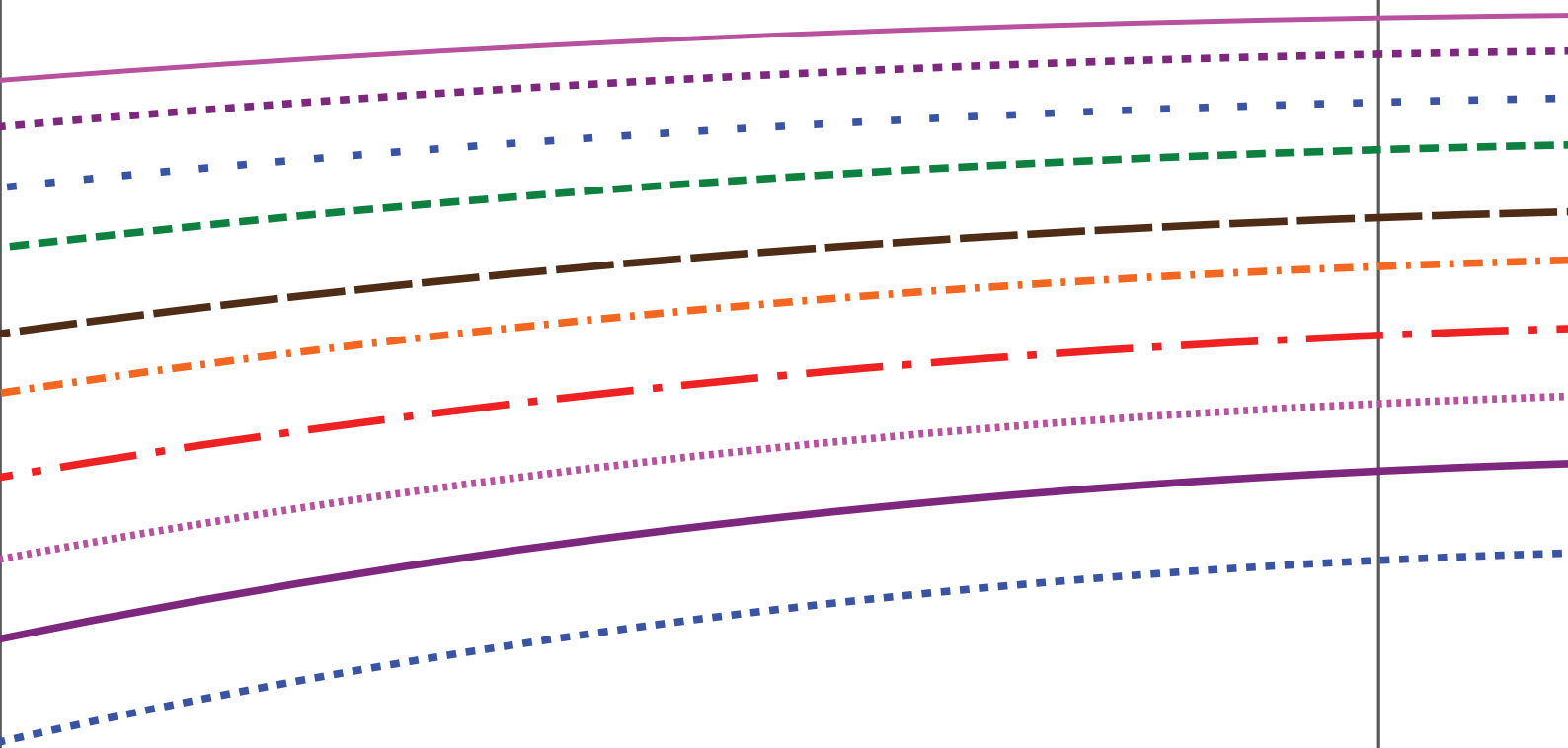
D5

D6



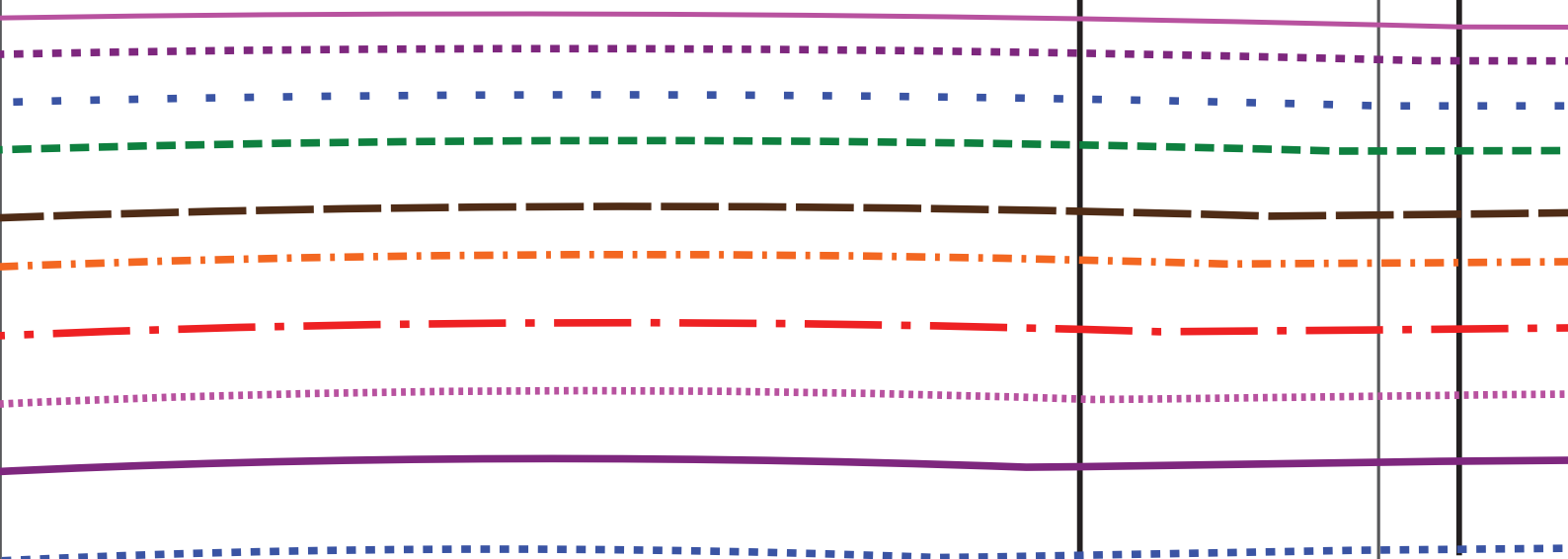
D6

D7

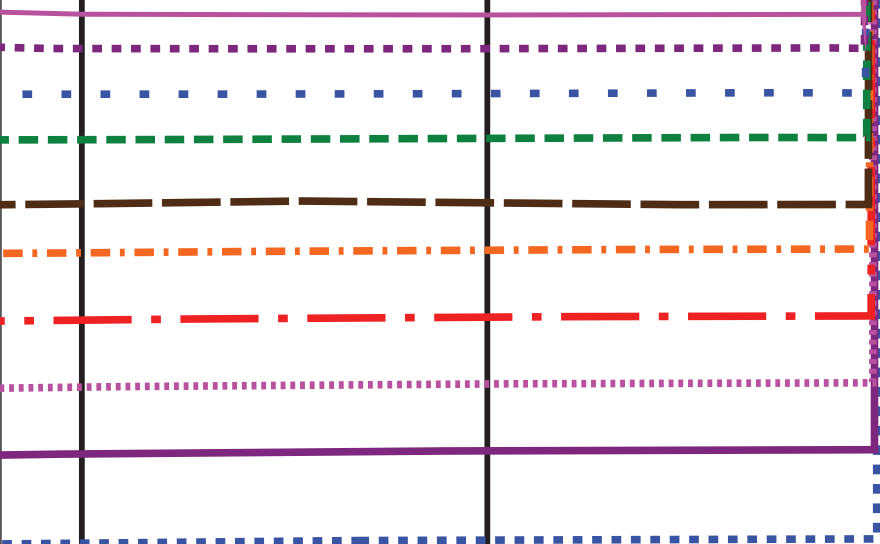


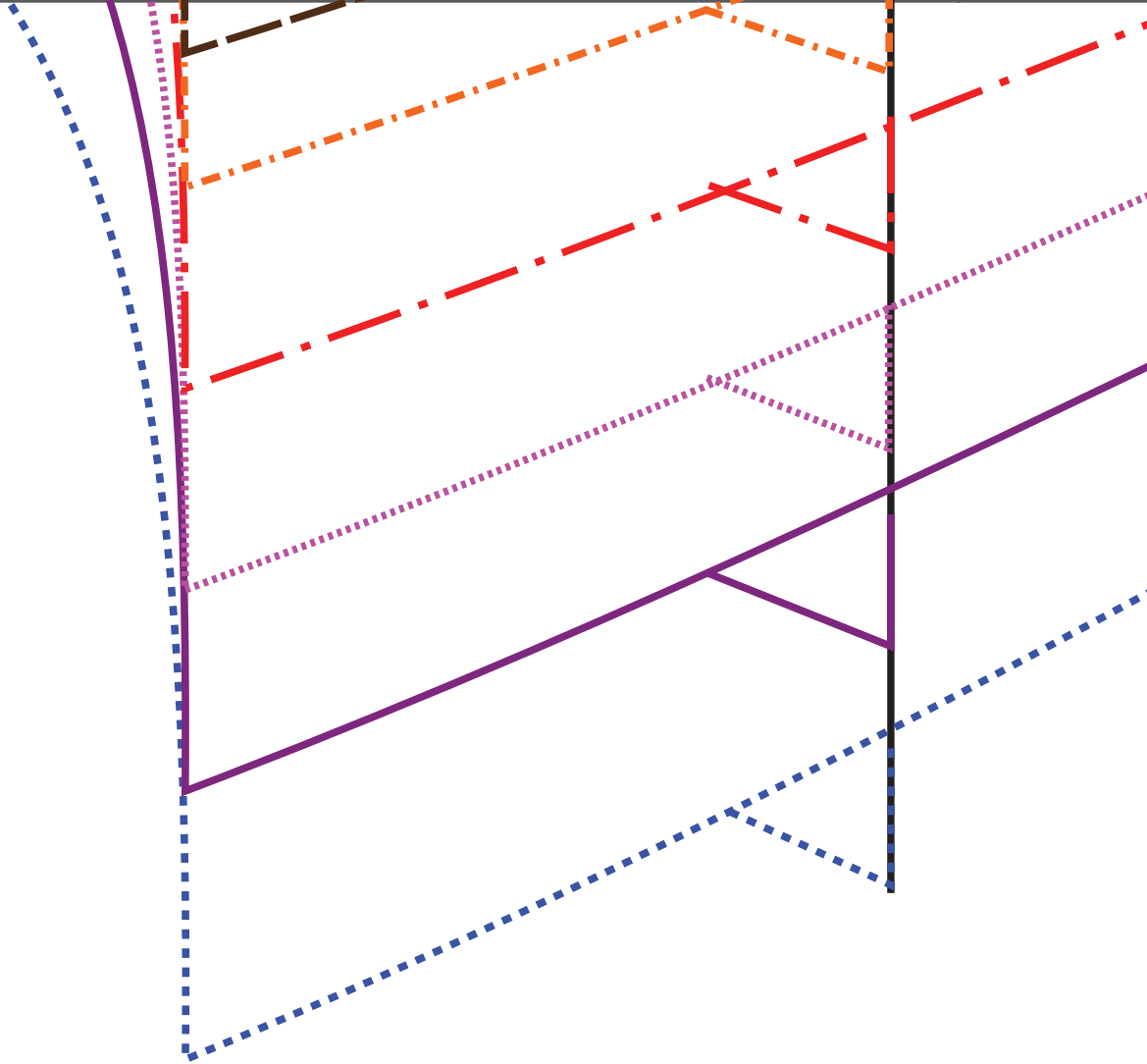
D7

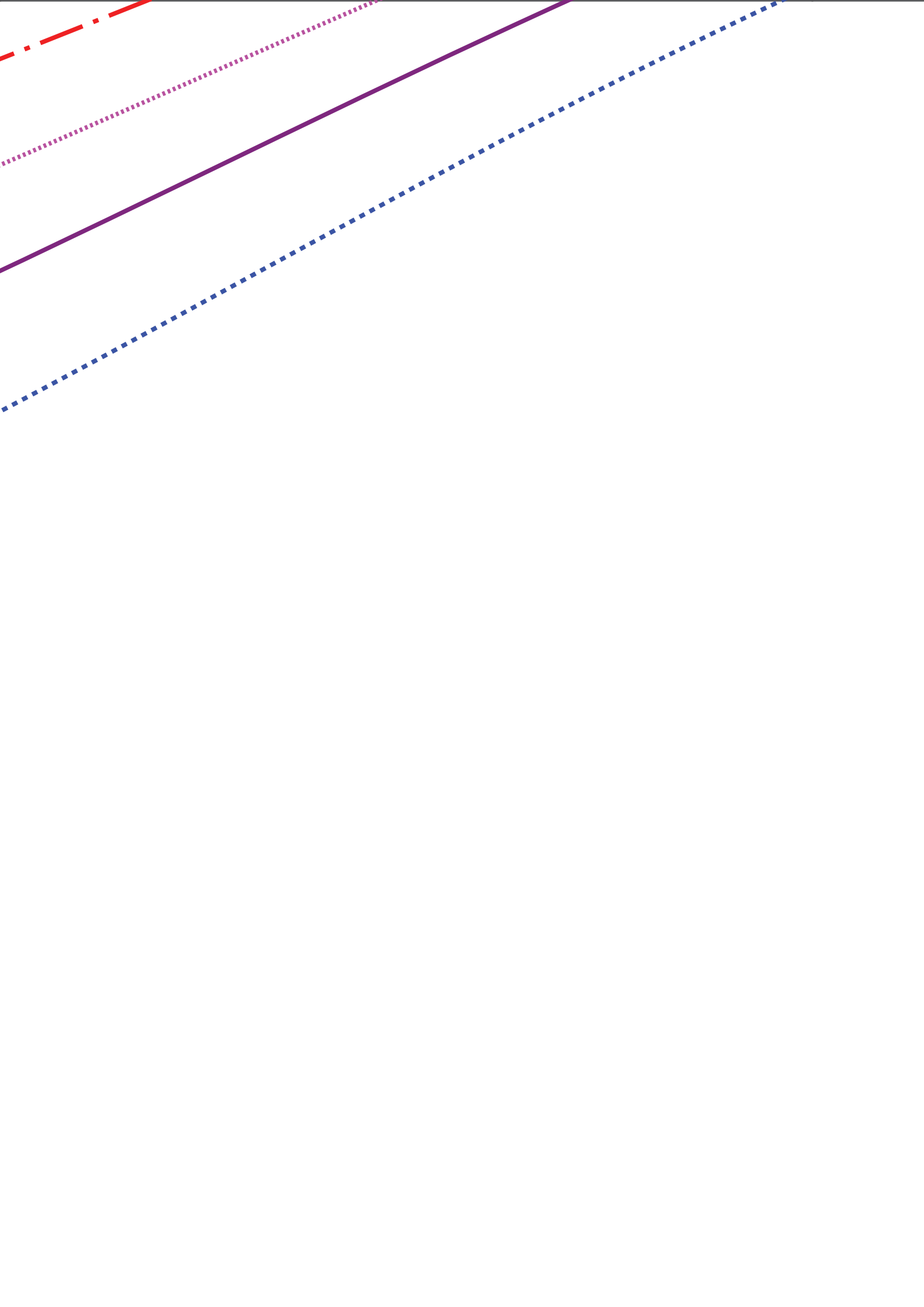
D8



D8

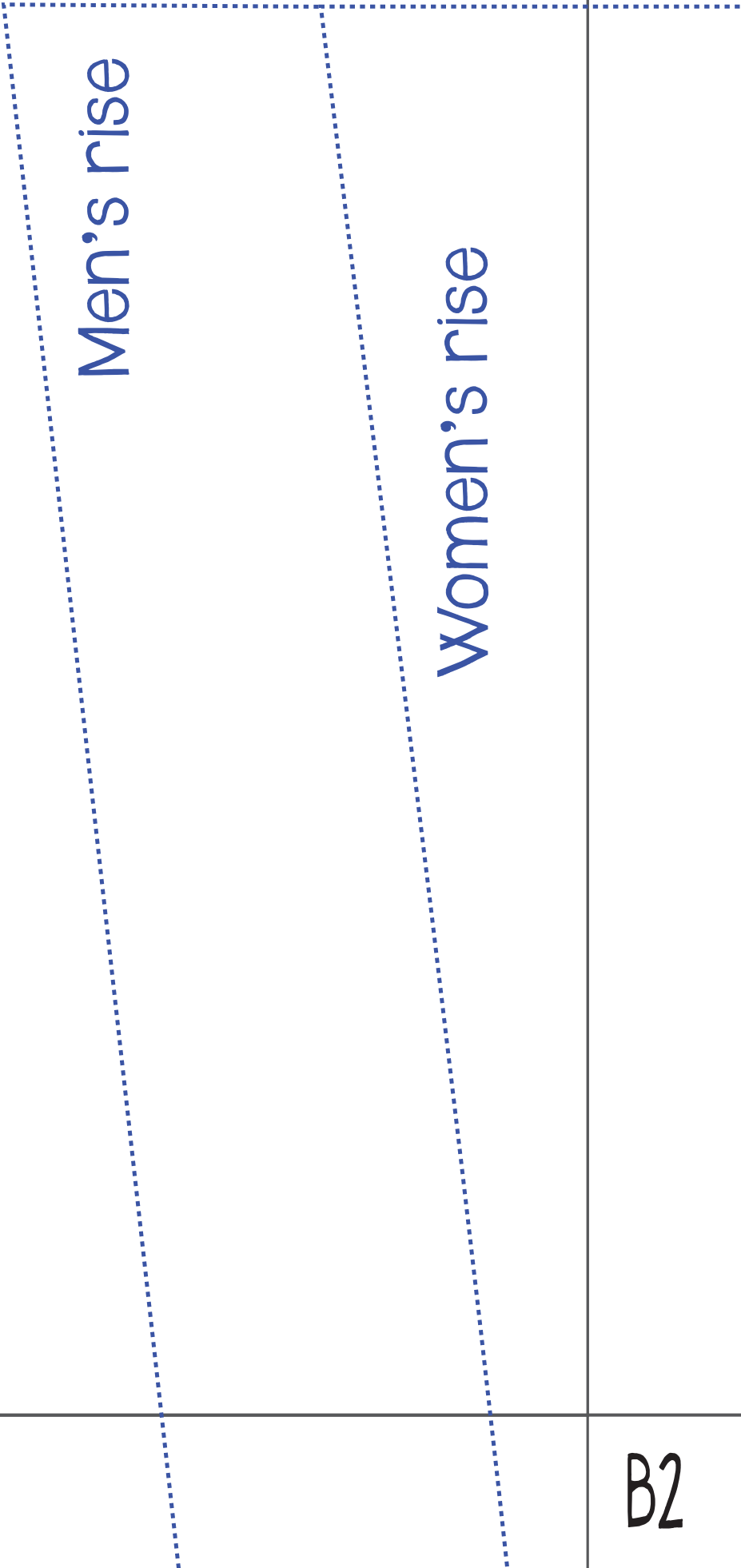
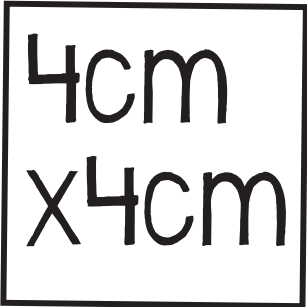






AI

A2



BI

B2

Walk the Plank

PQ Bottoms

By: Patterns for Pirates

Front- Plus 3X with Side Seam
Cut 2 Mirror Image

A3

A4

cut chart:
1.5" Elastic: 48"

short Length

Grainline

B3

B4

A4

A5

short Length

B4

B5

A5

A6

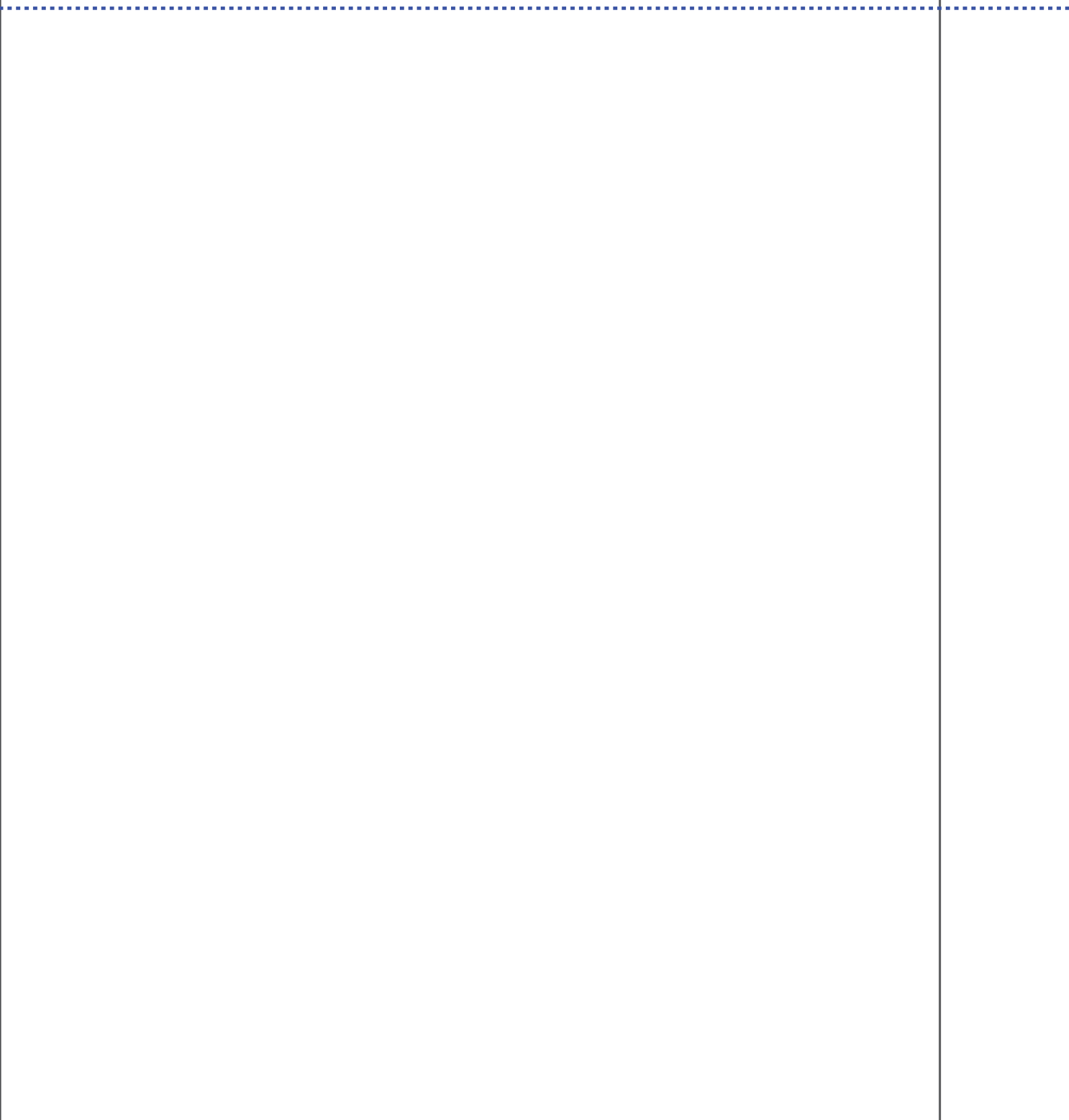
Knee Length

B5

B6

A6

A7



B6

B7

A7

A8

30" inseam



B7

B8

A8

32" inseam

34" inseam

36" inseam

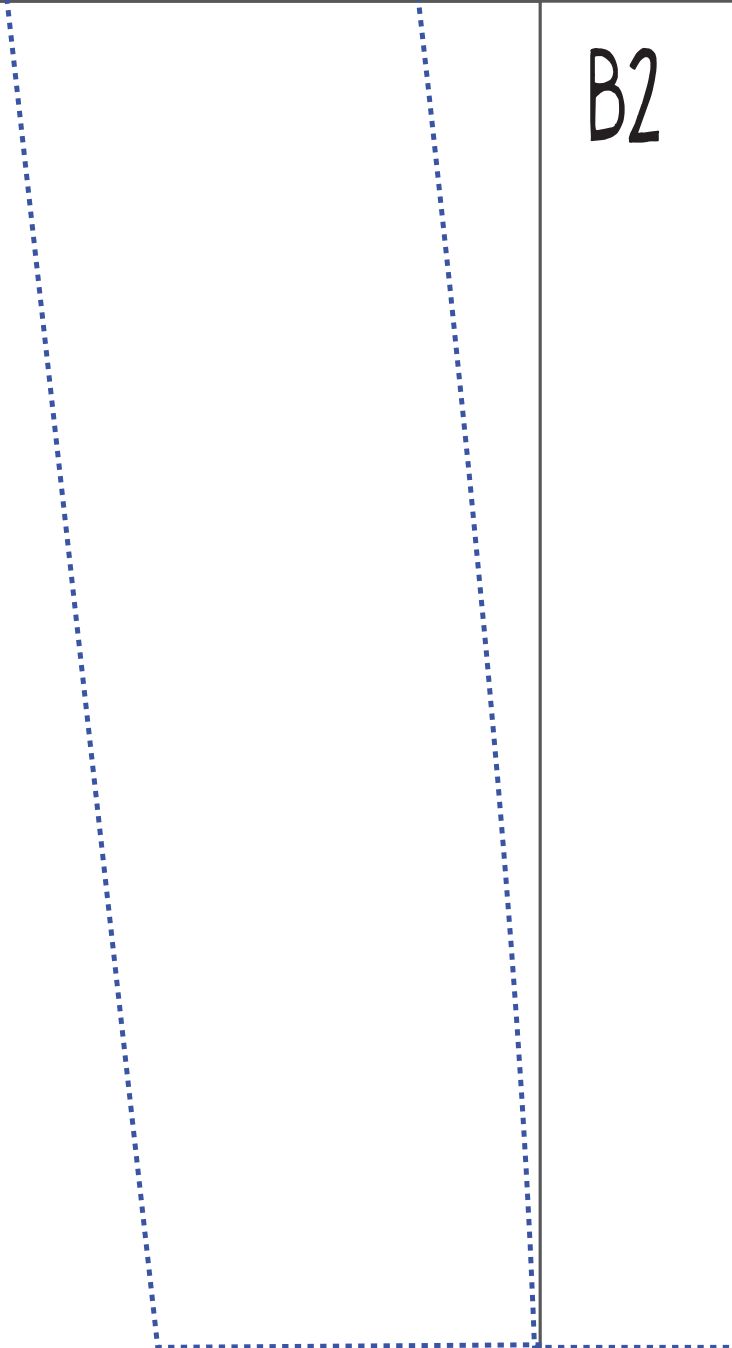
B8

BI

B2

CI

C2



B2

B3

Front



C2

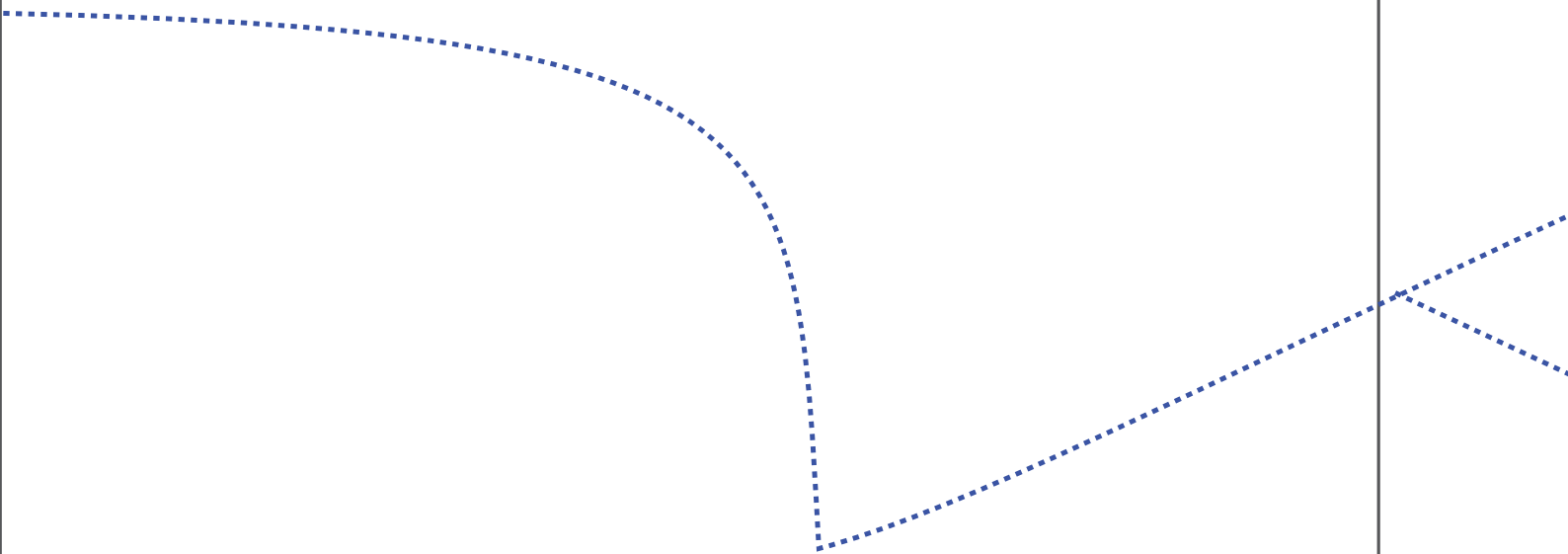
C3

B3

B4

C3

C4

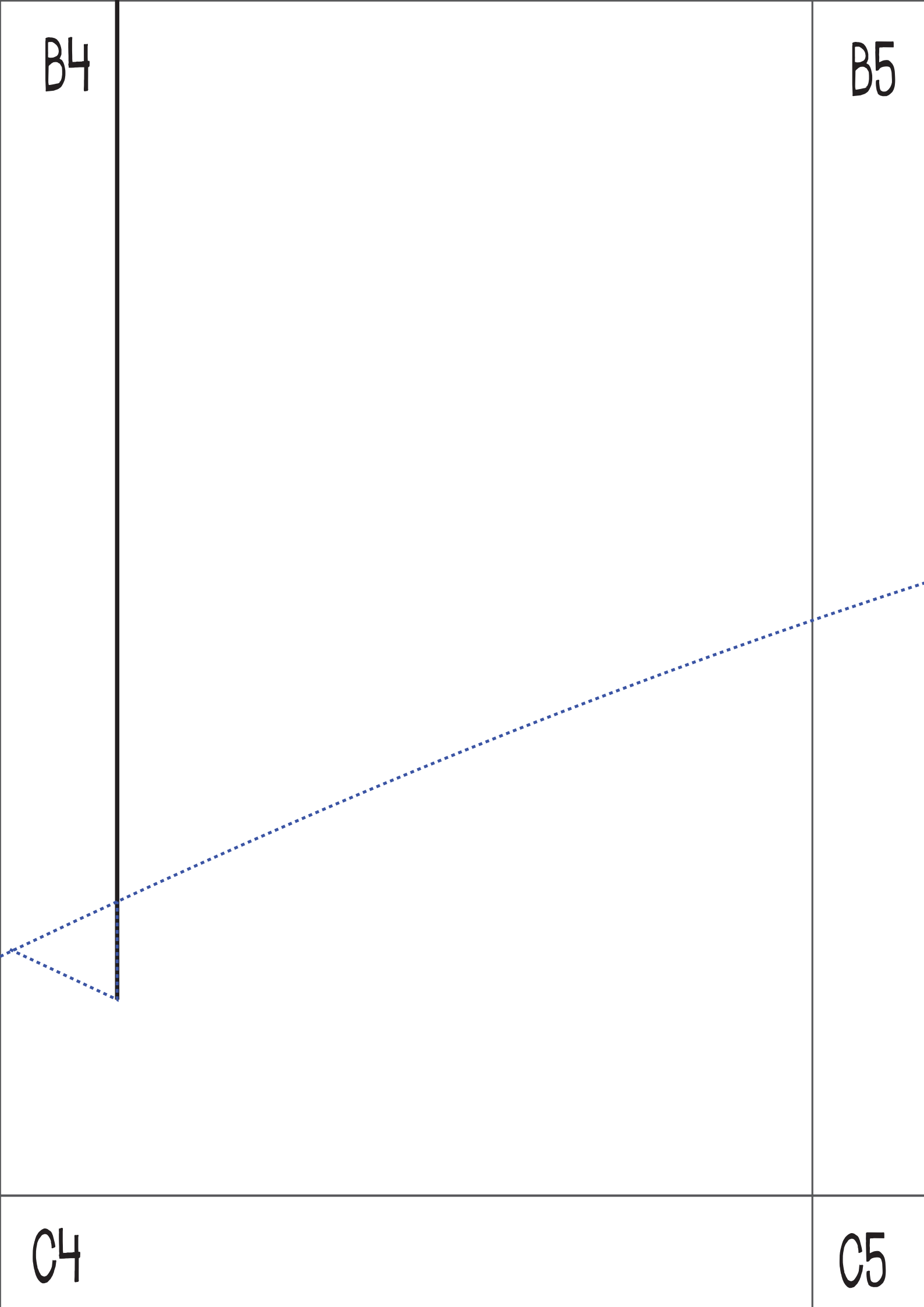


B4

B5

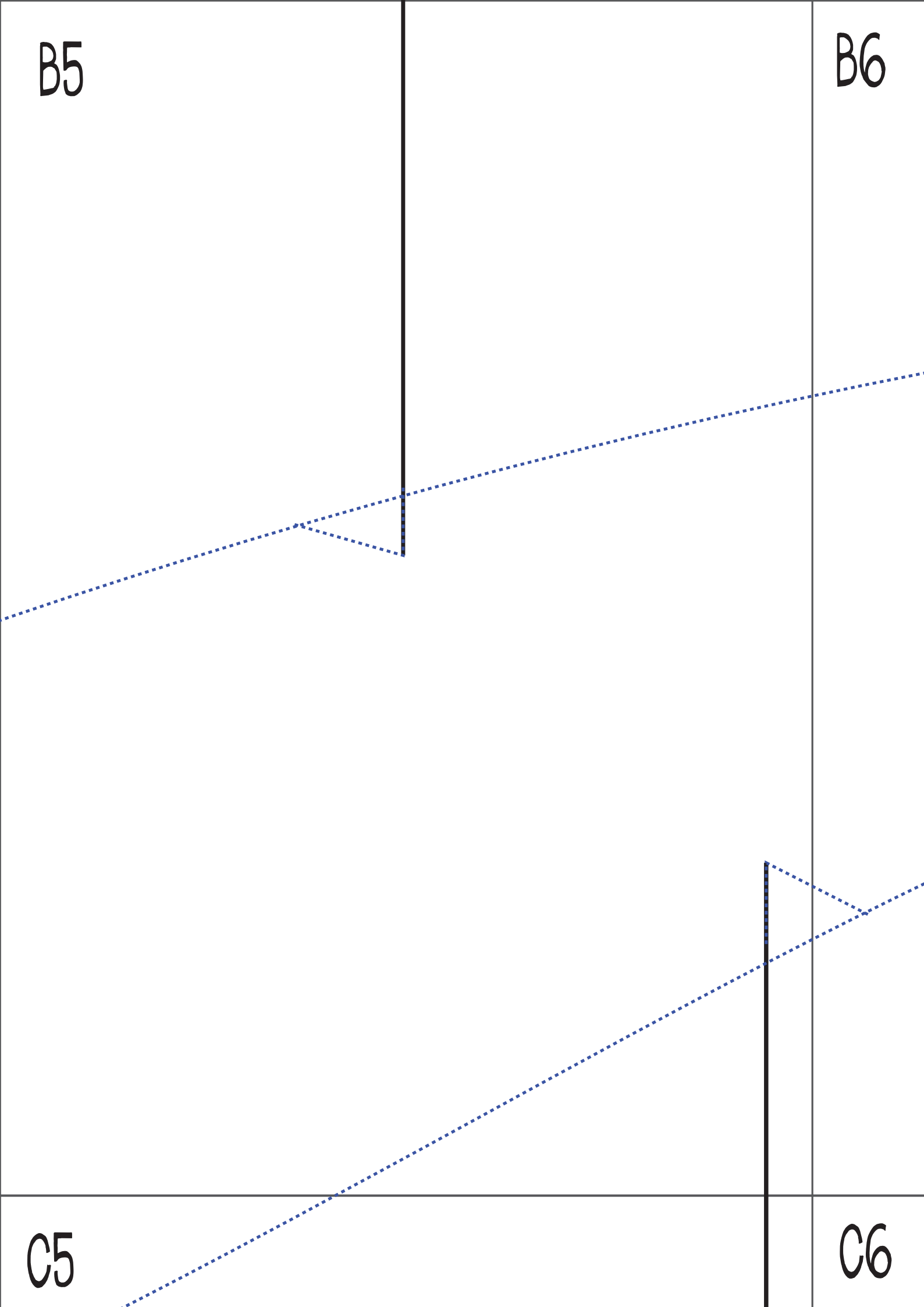
C4

C5



B5

B6

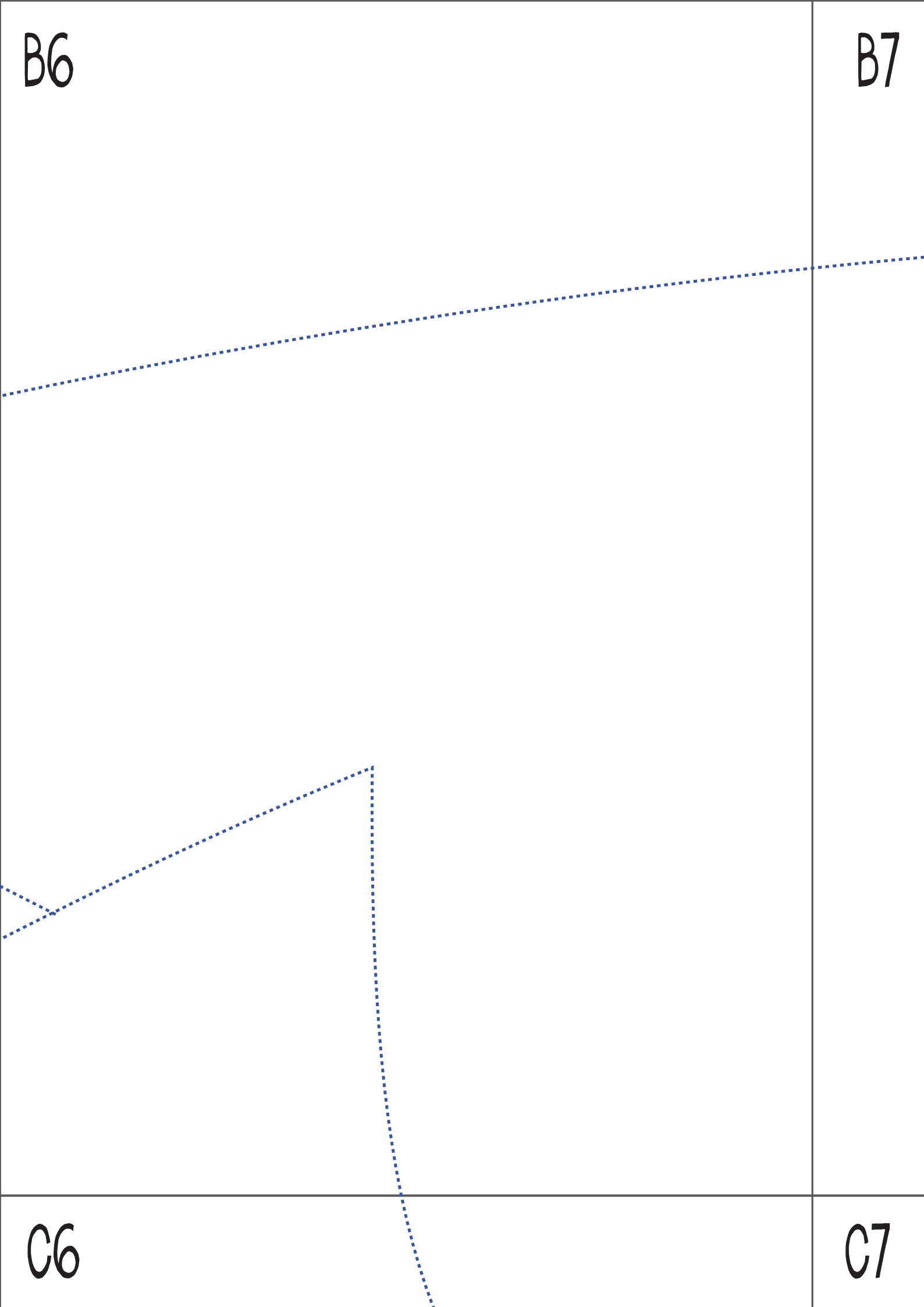


C5

C6

B6

B7



C6

C7

B7

B8



C7

C8

B8

C8

C1

C2

D1

D2



C2

C3

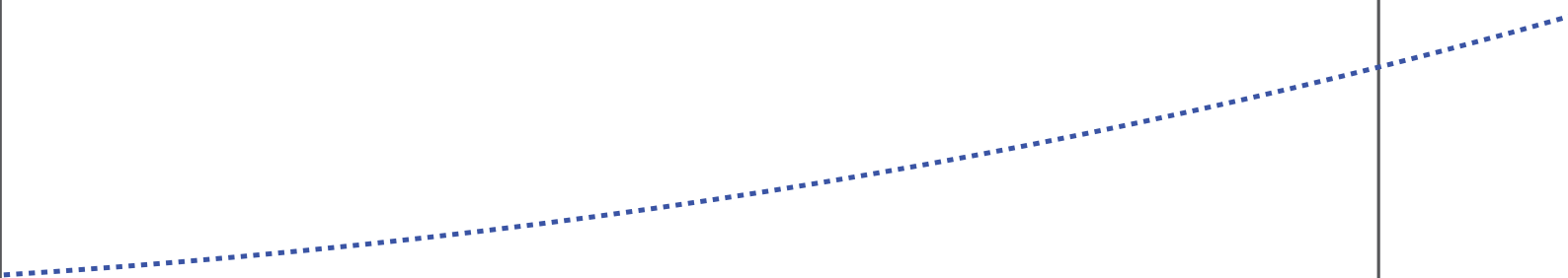


D2

D3

C3

C4

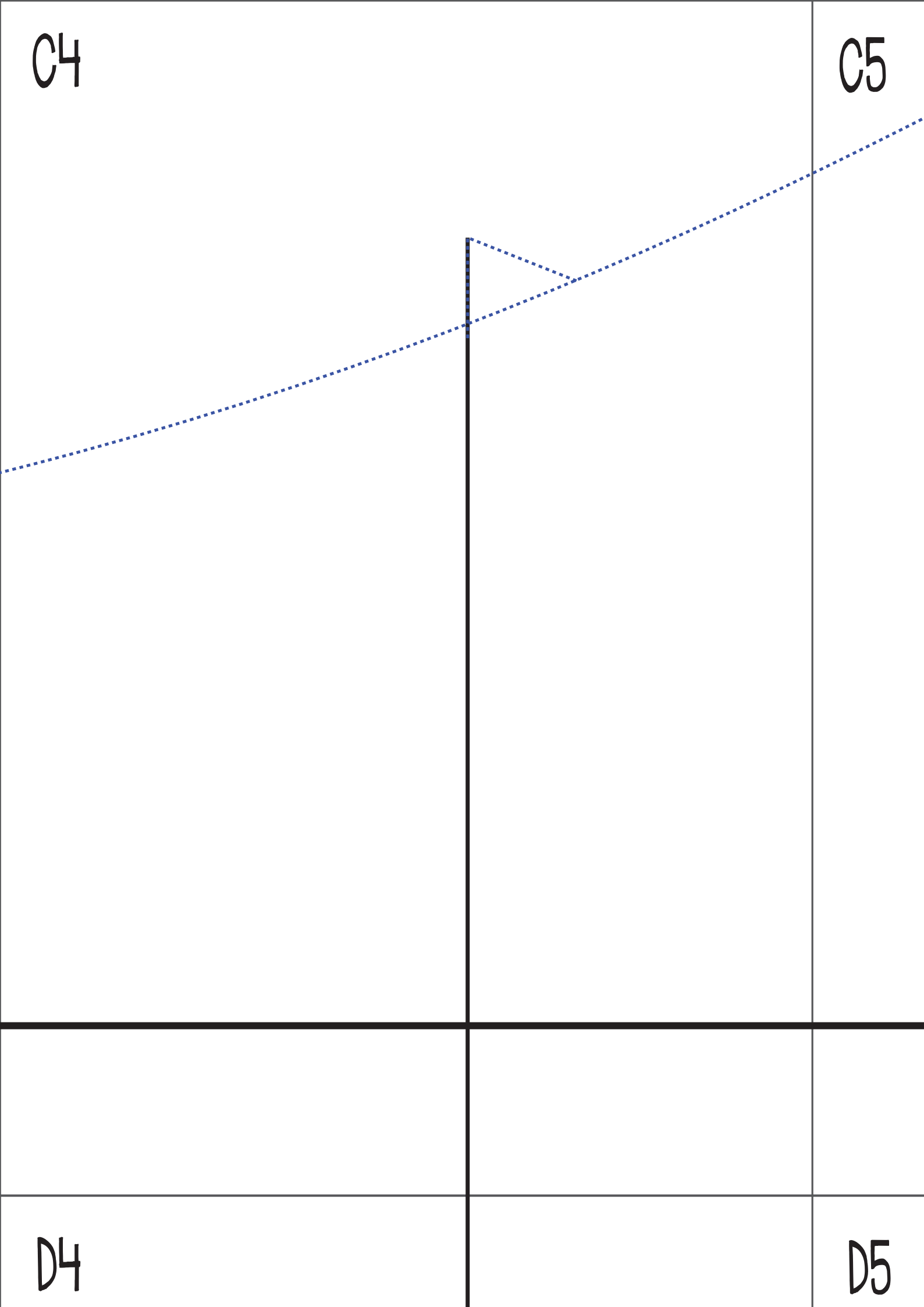


D3

D4

C4

C5



C5

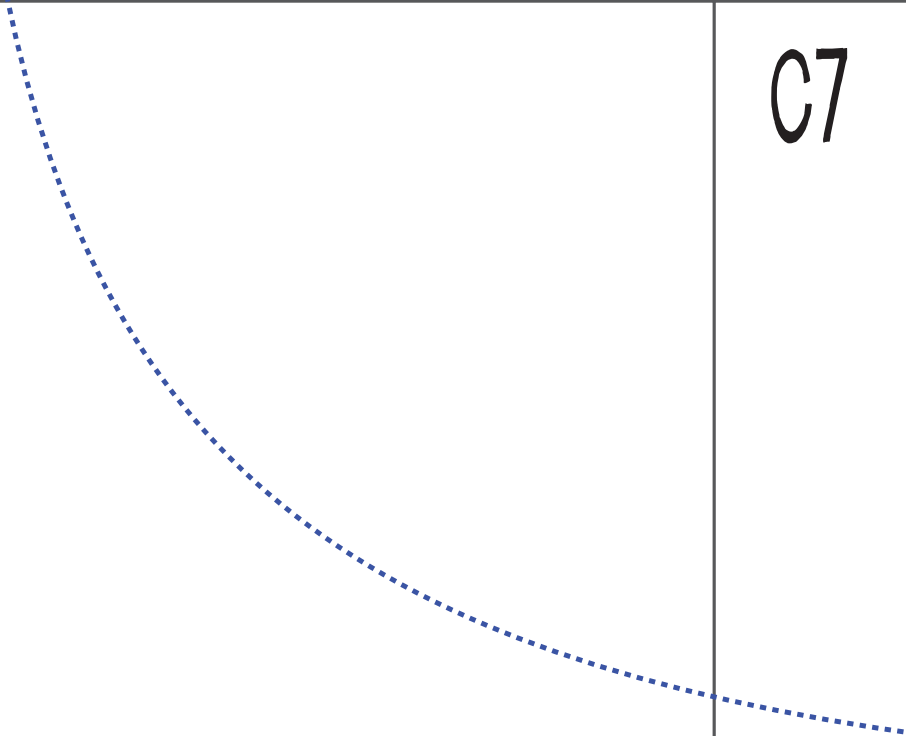
C6

D5

D6

C6

C7



Grainline



D6

D7

C8

Back

D8

Walk the

pg Bot

By: Patterns f
Back- Plus 3X w
cut 2 Mirro

C7

D7

C8

Men's rise

Women's rise

Back

D8

D2

32" inseam

34" inseam

36" inseam

D1

D3

30" inseam

D2

D3

D4

D5

Knee Length

D4

D6

Short Length

D5

D7

D6

Short Length

D8

The Plank

Bottom

Patterns for Pirates

X with Side Seam

Mirror Image

Cut chart:

1.5" Elastic: 48"

D7

D8

